

ANNSI NEWSLETTER

African Novice Nurses and Students Initiative



ANNSI from dream into actions

ANNSI “African Novice Nurses and Students Initiative” is the first active regional initiative aim to combine all African novice nurses and students together as volunteers for better Africa future through nursing.

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African Youth nurses SPEAK UP together

ANNSI Discussion Platform

What is ANNSI DP?

Discussion Platform is a tool that achieves ANNSI vision and mission through organizing discussion sessions among ANNSI members all over African novice nurses and students to exchange experience in different nursing issues.

Discussion Platform include topics that direct affect nursing profession as “ nursing education systems, nursing empowerment locally and globally, nursing role in achieving SDGs 2030 and Africa Agenda 2063, nursing image improvement.....etc.”

Why shall you join ANNSI DP?

After participation you suspected to be able to:

Acquire new knowledge about nursing improvement in different countries

Formulate your own point of view and share it with other different countries colleagues in a professional way

Build new social and professional relationships with new colleges from other countries

Become active part of solution not only part of problems

Maintain “promote” your critical thinking skills

Who could join ANNSI DP?

All ANNSI members as novice nurses and students have the chance to join Discussion Platform activities according to ANNSI DP regulations.

Where dose ANNSI DP conducted?

Discussion Platform sessions organized and conducted online by two techniques “synchronous or Asynchronous” depends on every session instructions.

When dose ANNSI DP conducted?

ANNSI organize 6 Discussion Platform sessions per year and you can follow

ANNSI discuss Nursing education systems in Africa

Nursing is a critical component of health care in nearly every community-regardless of development. And nursing education is often seen as a key indicator of the health of a country's health care system. For markets in developing countries

Nursing education has generally not kept up the pace of health care challenges. Africa needs an effective and efficient nursing education system to build an adequate, competent and relevant nursing workforce necessary for the achievement of Sustainable Development Goals 2030 and Africa Agenda 2063.

One of ANNSI DP session organized in 15th May 2018 to discuss nursing education systems in Africa from youth nurses point of view.

5 African countries "Egypt, Sudan, Ethiopia, Nigeria and Malawi" participated in video conference to discuss the current status and how to improve Nursing education systems in Africa.

Many valuable recommendations coming after effective discussions and experience exchange among participants.

ANNSI DP

I have gained the opportunity to interact with different African young nurses and students to discuss how we can improve the nursing educational system in Africa and my participation is of great importance as it helps in building my career and professional network.

#SpeakUp

Nuruddeen Adam
nursing student, Nigeria

ANNSI DP

It really was an opportunity to get to know about the Nursing educational system and it's challenges in other African countries

#SpeakUp

Emediong Joshua
nursing student, Nigeria

ANNSI DP

Now I have information about others African country nursing education systems.

#SpeakUp

Mowafag Hashim
novice nurse, Sudan

ANNSI DP

ANNSI DP session has empowered me to take part in improving the education system in Africa and Malawi to be specific, it has created the opportunity for the nurses in Africa to share experience on how the nursing education system is in their respective countries with the aim of improving nursing education system in Africa.

#SpeakUp

Maneka Loto-Kapusa
novice nurse, Malawi

www.ANNSI.org

McGill course changes students' ideas about nursing — and the homeless

Partnership with the Open Door shelter makes students "better nurses, it makes them better people."

McGill student nurses will partner with the Open Door to learn about the lives and needs of Montreal's most vulnerable population.

"This course changes the way students understand what it means to be a nurse," says professor Françoise Filion, head of the Community Health Nursing Project that started five years ago.

"It's incredible to watch them make the transformation. They'll take the things they learn in the field in bring it to emergency rooms and clinics across the city."

"It's important to try our best to meet people where they are," says Pontoreau-Bazinet, who works out of the CLSC de la Montagne.

just because you live on the street doesn't mean you won't show up for an appointment or that you should be treated with any less respect or professionalism than anyone else.

When Pontoreau-Bazinet administers a blood test to Shawn Gauthier — a new patient. When Gauthier answers her questions, the nurse locks eyes with him and smiles.



"Is there anything else you wanted today, anything you need to talk about?" she asks, as Gauthier slides his arm back into a red hoodie.

Pontoreau-Bazinet pulls a pen and paper from her knapsack and scribbles down her phone number. "I don't have a legit card but I'm a legit nurse. I promise.

"She makes you feel like you're not just trash, like you're just another person who needs a service," says Gauthier.

Over a long-enough timeline, Pontoreau-Bazinet will see her clients soldier their way out of addiction. She'll be there when they find an apartment, get off the streets and work toward a better life.

But she'll also be there when they relapse.

**“Investment in nursing and midwifery workforces are key driver of effective health systems, thriving population, improving health outcomes and prosperous economies”
says ICN-ICM-WHO Triad**

A communiqué has been released following the Triad meetings held by the International Council of Nurses (ICN), International Confederation of Midwives (ICM) and the World Health Organization (WHO), 16-19 May, in advance of the World Health Assembly. Highlighting the key role of the nursing and midwifery workforce in achieving universal health coverage and strong economies, Government chief nursing and midwifery officers (GCNMOs), leaders and representatives of national nursing and midwifery associations, regulators and the three organisations committed to several actions to:

- increase recognition of nurses’ and midwives’ roles in strengthening PHC and progressing towards UHC and the SDGs;
- develop nursing and midwifery leadership; promoting investment in nursing and midwifery;
- support midwives and nurses to practice to the full extent of their education and scope;
- • contribute to health workforce strategic intelligence; improve nursing and midwifery workforce data; support the International Platform on Health Worker Mobility;

- promote productive work, fair income, security in the workplace and social protection for families;
- advocate for an enabling practice environment;
- call for the protection of midwives and nurses and other health personnel;
- increase the participation of midwives and nurses in formulating solutions to local problems of national and international significance;
- support the continuous implementation of the Global Strategic Directions for Strengthening Nursing and Midwifery 2016-2020

Held every two years, the Triad meeting focused on topics such as Building nursing and midwifery capacity to achieve universal health coverage and the Sustainable Development Goals; Labour market dynamics and education policies in investing in the nursing and midwifery workforce; Optimizing performance, quality and impact of the nursing and midwifery workforce through evidence-informed policies; Strengthening nursing and midwifery data for monitoring and ensuring accountability for the implementation of national and regional strategies; and Strengthening nursing and midwifery through collaboration and partnerships.

International Council of Nurses launches official International Nurses Day video: Nurses: A Voice to Lead – Health is Human Right



In celebration of International Nurses Day on 12 May, the International Council of Nurses (ICN) launched its new video under the theme “Nurses: A Voice to Lead - Health is a Human Right”.

Via the video, website, toolkit, posters and other resources, ICN’s 2018 campaign showcases examples of nurse-led initiatives that enable hard-to-reach, underserved and vulnerable populations to have access to the highest standards of healthcare, no matter the location and no matter the setting. “We are delighted to share this video celebrating the work of nurses in upholding the human right to health and improving access to affordable, acceptable, safe, quality care,” Said ICN President, Annette Kennedy. “Investing in nursing saves lives, prevents disease, heals, repairs and rehabilitates. It is therefore an investment in the wider economy and crucial that governments and organisations worldwide value, support and invest in the nursing profession.



ALLEVIATING HOSPITAL BURDENS WITH SPECIALISED WOUND CARE FACILITIES

Specialised wound care infrastructure and practitioners can alleviate the burden on South Africa’s healthcare system and improve patient comfort during what can be a painful treatment process.

This is according to Dr Georges Balenda, Head of the Folang Wound Clinic (FWC), Far East Rand Hospital (FERH) and speaker at the 6th annual Africa Health Exhibition & Congress. Balenda was also recently appointed as the President of the Wound Healing Association of Southern Africa (WHASA).



Balenda says in order to meet the needs of patients with wounds, there needs to be a focus on developing infrastructure and training healthcare providers in order to be able to provide a specialised service to a region. FWC, which is a centre of excellence in Gauteng, has seen an increase of outpatients from 3,551 in 2013 to 4,907 in 2015 for example.

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FWC and FERH are examples of how such facilities can alleviate resource constraints at South African hospitals in terms of both bed space and human resources, while simultaneously providing services at a significantly cheaper cost to both patient and State.

Balenda says some of the challenges facing wound care clinics is patient adherence due to lack of transport and wound overgranulations caused by surgical backlogs. .

Wound care, especially regarding foot complications, is crucial as the number of people living with diseases such as diabetes is set to increase, according to the Head of Podiatry at the University of Johannesburg's (UJ) Faculty of Health Sciences, Professor Simiso Ntuli says. There are 14.2 million people with diabetes in Africa, with that figure expected to rise to 34.2 million in 2035.

“10 to 15% of these patients will develop foot ulcers at some stage of their lives and nearly 50% of them will be admitted due to diabetic foot complications,” says Ntuli

He says rapid, accurate foot assessments are vital to treating foot complications, such as wounds, to reduce the number of amputations. Amputations not only have a devastating effect on the patient emotionally and physically but can also lead to difficulties in finding work which, in turn, presents an added cost to the State.



African nurses embrace technology in delivering healthcare

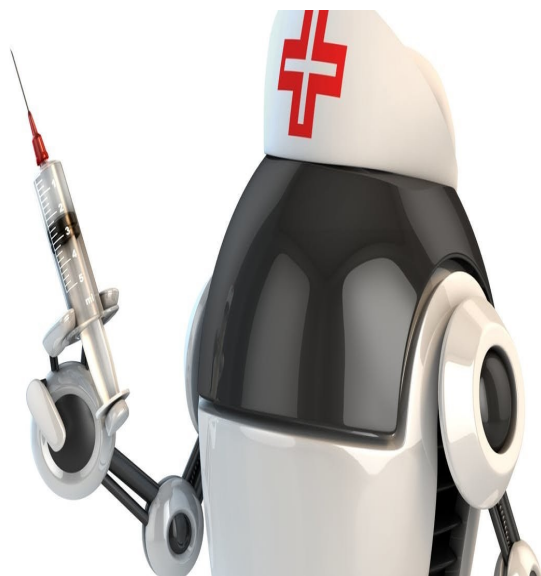


Technology is shaping the way Africa is delivering its healthcare. From electronic medical records and patient self-tracking to informatics and minimally invasive procedures, healthcare is getting more and more high-tech with African nurses driving innovative solutions to improve patient care.

According to Prof Sharon Brownie, Dean of the School of Nursing & Midwifery, East Africa at the Aga Khan University, their curricula has been updated to include content about Information Technology and health informatics (acquiring, storing, retrieving and using of healthcare information to foster better collaboration among a patient's various healthcare providers).

Brownie, who will be sharing her insights at Africa Health

<https://www.africahealthexhibition.com/en/home.html>



explains that the training that nurses receive nowadays includes: “How to work with electronic patient record and management systems including electronic patient booking systems; notification of lab results; health information messaging platforms; population health databases such as those for breast screening, vaccination, notifiable diseases; and, use of everyday platforms, like Whatsapp, for patient communication and patient education.”

The integration of technology within the sector has become a priority for most governments. In South Africa, for example, the Department of Health has created a policy document outlining an ‘eHealth Strategy’ focused on improving patient information and technology systems.

Members news



Ghana

Ghanaians nurses launches a mobile APP THE HEMOP
It's basically an app designed to assist young people to deal with their stress levels and get counsel on daily life issues affecting them

It has 4 sessions. the intro, A session for general counsel where common questions in Society have been answered, like how do I deal with a broken heart

then another session is DATA links to Facebook where u can read daily or weekly updates on counsel

and the last session where u can type your challenge and get a response from a counselor directly in your mail or text message addressing your challenge

LAUNCHES A MOBILE APP "THE HEMOP"

HEAR ME OUT PLEASE!!

A self designed religious -medical Mobile App meant to assist young adults deal with daily life's issues. Download your copy from Google Store Now... It's FREE!!!

Pastor Samuel Amo-Kyerem
Lecturer & Health and Wellness Consultant



Congo

In the Democratic Republic of the Congo, the novice and students had (one health campaign) the campaign end with a football match between them and the medical student

Campaign content :

- ◇ Four conferences
- ◇ Two prospectus distribution
- ◇ One football match
- ◇ Two sessions (capacity building in research and the participation to the Bukavu first global health focus on the 26th _28th April 2018

THE 1st CUM CAPACITY BUILDING
Session on research

The 26th-28th April, 2018
UNIVERSITE OFFICIELLE DE BUKAVU. KARHALE CAMPUS

Theme
NON COMMUNICABLE DISEASES A SILENT KILLER

Activities
Planning session on NCDs
Training on oral medical writing
Training on scientific communication
Training on Statistics softwares such as Epiinfo and SPSS
Social event

Registration fee: 5 \$

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Members news



Nigeria

APPRECIATION MESSAGE FROM

#NUNSA_ABU_ZARIA

Indeed today's event was a success as we provided a lot of humanitarian services to the peoples in need.

Its part of our responsibilities as health caregivers to show concerns for the community peoples and the entire population at large to address their needs and render any form of help that will enable them to promote both psychological and physical health.

We were able to visit Orphanage schools, Home of the Disabled and mentally de-ranged persons and almariji schools in Zaria community

A lot of community services were rendered by our students ranging from :

#Health education

#Career_talk_for_the_Orphans

#Donations of food and other items

Personal Hygiene interventions

#And many more.

A very big thanks to our Professor #Hayat_gomma who contributed tremendously to the success of this Visitations both Financially and by spending her precious time to witness all the event throughout.



And also to the organizing committee led by *Nunsa Auditor General and the #Treasurer and all #Nunsa executives that work to see the success of this program.

We also recommend the efforts of all Nun-sites that sacrifice their time to be with us.

Finally a big thanks to our able General overseer and the chief executive President of Nun-sa Comrade Bilyaminu Bala Yahya

Signed: #NUNSA_HEALTH_MINISTER.

Comr. Nuruddeen Abubakar Adam



Members news



Lesotho

Nursing in Lesotho play great role in community through

volunteering in teaching primary school pupils about hygiene.

Sello Joshua Lesotho Representative in ANNSI who was volunteering to teach too said We often don't appreciate the little help we can give to people ..These kids helped me recognize a whole lot.



Morocco

On Thursday evening at the Conference Palace in Marrakech The 31st Conference of the For anesthesia, resuscitation

and fight pain was launched coordinated by Moroccan Association of Anesthesiology and resuscitation and the Moroccan nurses association of anesthesia and resuscitation, IT is an annual conference It includes specialists in the field of anesthesia and resuscitation from all over the Kingdom, Africa and the world

Discussing the scientific reality , updating the scientific knowledge, the obstacles, that Anesthetist face

In the presence of international experts who are holding lectures and training courses on anesthesia, emergency medicine and disasters.



Members news



Egypt

ENNSSA organize the 2ed Student Conference

The conference was a presentation of ENNSSA and ENNSSA Branches activities so far, along with the plan for the next phase and the development of its activities as a founding member of the African initiative ANNSI and I as member in GASNN

The day ended by honoring the attendees who participated in the successful story of ENNSSA to honor their efforts over the years and their great role in what the association has achieved locally and internationally though them .

12 reason to join ANNSI

1. Learn new skills and develop the ones you already have!

In ANNSI , it often happens that you start by doing something you know you are very good at and eventually branch out in African nursing, frequently into things you never thought you could do.

2. Gain valuable experience and boost your career options.

ANNSI equips you with valuable professional skills, such as time management and strategic planning. one of the benefits of volunteering is that exposes you to core workplace activities, such as: *“communication, line management, teamwork and using your initiative”*

3.Explore career paths.

If you are contemplating a career improvement, whether at work or university, volunteering in ANNSI is an excellent way to explore other nursing specialites you may be interested in. Not only provide you with valuable experiences that can make you more competitive in your new work field. Also, gives you good insight on what working in it will be like.

4.Paint a complete picture of you.

Your volunteer work is a reflection of who you are as an individual. And helps your employer or academic institution know more about your interests, commitment and dedication.6. Meet new people, make new friends.

Volunteering in ANNSI helps you connect with loads of different people in Africa and globally in a way not many extra-curricular activities can. You will be in constant contact with both the recipients of your volunteer efforts and your fellow volunteers.

5.Be part of your community.

As said by the World Volunteer Web, no person is an island. We are always in contact with other people, there are issues that affect us all, there are knowledge to be shared between groups of people and volunteering makes you aware of that.

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7. Strengthen your existing relationships.

Other of the benefits of volunteering in ANNSI is that it provides a platform for you and your friends to engage in shared activities, which is the best way to strengthen any kind of relationship. If you are both passionate about a cause, working together to reach a common goal will do wonders for you. It will help you create memorable moments as you both grow and learn together.

8. Gain confidence.

Volunteering in ANNSI can boost your self-confidence, self-esteem and life satisfaction. One of the benefits of volunteering is that it gives you a very close look on how your actions are impacting those around you.

9. Gain a sense of purpose.

Volunteering can fill voids in people. Helping others may help you overcome personal struggles and give your life new meaning and a sense of purpose. It takes your mind off of your worries and the new experiences and people you meet may even make you arrive at new solutions for them

10. Stay physically healthy.

Volunteer in ANNSI work can be physically demanding, especially if you're doing a hands-on job. Volunteering at environmental projects, as well as those that help spread health awareness and other similarly active **programs is beneficial for you at any age.**

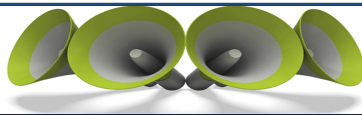
11. Take on a challenge.

As mentioned above, stepping out of your comfort zone is among the benefits of volunteering. This helps you achieve personal goals and set new ones and be in a constant state of self-improvement. Volunteering also makes you more self-aware about yourself, your community and your nursing profession.

12. Have fun!

Volunteering in ANNSI can be physically, mentally and emotionally demanding. When you become a volunteer you are not only giving your time, but your mind, your heart and your soul. It is truly a life-changing experience that will make a difference in you and those surrounding you.

Follow us



Join ANNSI

ANNSI 2ed Discussion Platform ANNSI discuss challenges and risks facing nurses in academic and working environment

Quality course program on 20/6/2018



ANNSI is the 1st African novice nurses and students initiative invite you to join us and be active member toward better African nursing.

ANNSI have 2 types of membership:

1. national and local membership for the groups and team-work's all over Africa
2. Personal membership for any African novice nurse or students want to join ANNSI

Membership is free, just submit ANNSI application form.



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To get the PDF format with access to all active links



ANNSI



For better African nursing future