

ANNSI

African Novice Nurses and Students Initiative



ANNSI annual report 2018



African youth nurses dreams into actions

ANNIS focus on empowering African

youth nurses to achieve

SDGs 2030 & Africa Agenda 2063



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Welcome message

Africa is the 'cradle of humankind', the place where more than 1.1 billion people living in 54 countries forming 16.64% of global population. Famous for the pyramids in the north, the jungles at the central and the beaches in the south – Africa is a land that is full of surprises. A land which nurtured one of the earliest civilizations of the world, Africa is the home of an incredible variety of people, animals, climates, and spectacular places.



Unfortunately, Africa faces the world's most dramatic healthcare crisis: although the continent bears one quarter of the global disease burden. What's more, the continent faces many complex challenges, from tackling life-threatening infectious diseases to confronting the rise of non-communicable diseases. However, there are a great number of opportunities in health in Africa, and science and technology is playing an important role in enhancing the sector.

We realize that we are facing hard challenges but we believe that African novice nurses and students together can do more for better African nursing and health future. ANNSI is one of real African experience that approve that when we work together as a team hand in hand, the dreams transferring into actions.

ANNSI focus on enhancing youth nurses role in achieving sustainable development goals SDGs 2030 and also Africa agenda 2063 - It is a strategic framework for the socio-economic transformation of the continent over 50 years – which focus on engaging African themselves to be champions in improving our continent with keeping Africanism. Africa agenda 2063 builds on, and seeks to accelerate the implementation of past and existing continental initiatives for growth and sustainable development.

We finished than One year of hard and continue volunteering work, now we have a strategic direction toward next 5 years up to 2022. We are thinking globally and work regionally and locally to make African nursing and health better.

I invite all African novice nurses and students to join ANNSI and invite all health and nursing leaders all over the world to invest in youth nurses because they will be the future leaders soon.

Ahmed Gamal Sallam, Egypt

ANNSI president

Acknowledgment

Many thanks for everyone believed in ANNSI 's vision and mission thanks to all dreamers who believe in the power of African nurses youths and there ability to make changes in Africa health

Thanks to all ANNSI members, to all who We passed them on our way.

ANNSI can only fulfill it mission through your support in joining ANNSI activities and sharing your ideas ,experience, opinion and sending your feedback
Is what keep us strong to continue in our path with the same value

Once again, thank you for your support that has enriched so many nurses over many African countries to work together hand in hand and understand the value of volunteering and nursing role in community

This letter is provided by African novice nurses and students initiative in order to express our gratitude

For more information about ANNSI, please visit our website

Please know that your continued support is very much appreciated by your friends at the ANNSI

With warmest thanks

Nawal Omar, Ethiopia

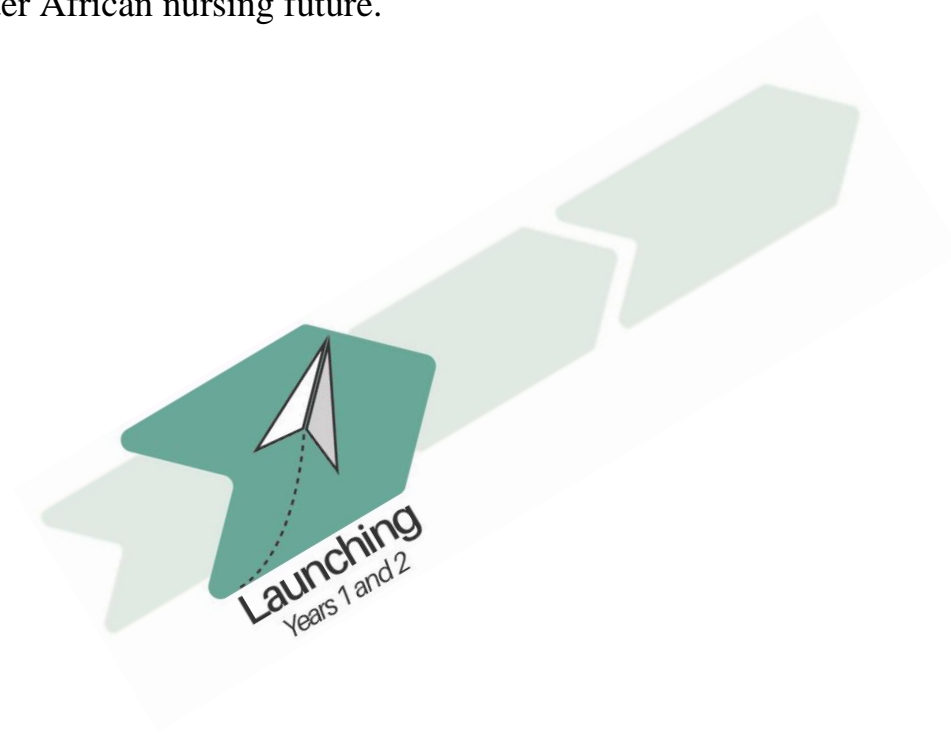
ANNSI vice president

ANNSI official launch

There is no doubt that the better future of African health needs more efforts, and the nursing profession has a great impact on health care system, so we have to think and work hand in hand together as African novice nurses and students leaders to make our African dream come true.

standing on this believe a group of African nurses leader novice and students from different African countries union their effort to take the first step through FGM campaign it was the spark for African novice nurses and students initiative. ANNSI official launching in WHSS 2017, **Kigali, Rwanda** among many global health organizations in **November 2017**.

ANNSI empower the African youth nurses to work **TOGETHER** to do more for better African nursing future.



ANNSI joining Nursing Now global campaign



African novice nurses and students play an important active role in joining in global initiatives that aim to improve nursing profession, ANNSI officially accepted to join **Nursing Now** global campaign in November 2018. In collaboration with the World Health Organization and International Council of Nurses, Nursing Now aims to raise the status and profile of nursing.

Nursing now work to empower nurses to take their place at the heart of tackling 21st Century health challenges. **Nursing Now** aims to improve health globally by raising the profile and status of nurses worldwide – influencing policymakers and supporting nurses themselves to lead, learn and build a global movement.

The changing needs of the 21st Century mean nurses have an even greater role to play in the future. New and innovative types of services are needed – more community and home-based, more holistic and people-centered, with increased focus on prevention and making better use of technology. These are all areas where nurses can play a leading role. However, maximizing nurses' contributions will require that they are properly deployed, valued and included in policy and decision-making.

Nursing Now is working work with partners around the world to advocate for more nurses in leadership positions – to help nurses achieve the influence they deserve. It will also help nurses access better education and training, while supporting them to share research and evidence of effective practice

Nursing Now is encouraging health leaders to invest in nursing and introduce new models of care that maximize nurses' contributions to achieving Universal Health Coverage which would guarantee everyone the right to quality health care without financial hardship.

By the end of 2020, Nursing Now want to see the following goals achieved:

1. Greater investment in improving education, professional development, standards, regulation and employment conditions for nurses.

- All countries have plans for developing nursing and midwifery;
- Increased investment in all aspects of nursing and midwifery; and
- More nurses in training and employment, with clear progress in eliminating the global shortfall of 9 million nurses and midwives by 2030.

2. Increased and improved dissemination of effective and innovative practice in nursing.

- Nursing organizations collectively support a coordinated global portal of effective practice and innovation used by nurses and policy makers around the world.

3. Greater influence for nurses and midwives on global and national health policy, as part of broader efforts to ensure health workforces are more involved in decision-making.

- All global and national policies on health and healthcare acknowledge the role of nursing in achieving their goals and include plans for the development of nursing; and
- All national plans for delivering UHC make specific proposals to enhance and develop the role of nurses as the health professionals closest to the community.

4. More nurses in leadership positions and more opportunities for development at all levels.

- At least 75% of countries have a Chief Nursing Officer or Chief Government Nurse as part of their most senior management team in health;
- More senior leadership programs for nurses; and
- The establishment of a global nursing leadership network.

5. More evidence for policy and decision makers about: where nursing can have the greatest impact, what is stopping nurses from reaching their full potential and how to address these obstacles.

- A landmark study on the economic impact of nursing is published; More articles on nursing's impact in peer-reviewed A* journals; and a coordinated global network on research on nursing is established.

ANNSI is establishing a taskforce to maximize the benefits of participating in Nursing Now among all ANNSI member countries and to assure managing the campaign in ANNSI with keeping the principles of shared governance.

ANNSI Nursing Now plan will include actual activities that reflect the real situation of African youth nursing and will provide applicable solutions with enhancing partnership for change and improvement.

African Novice Nurses & Students Initiative

The logo features a green circular background. On the left, the word "support" is written in black, above "Nursing now" in blue and white. In the center, a blue circle contains the word "now" in white. To the right, a circular emblem shows a map of Africa, a caduceus, and the text "ANNSI African Novice Nurses and Students Initiative". Below the emblem, the text "African youth nurses" is written in bold black, followed by the tagline "for better African and global nursing future" in a smaller font. At the bottom left, the website "www.ANNSI.org" is displayed.

ANNSI participated with global health leaders in WISH 2018



ANNSI received official invitation to represent African novice nurses and students among around 2000 healthcare experts, innovators, entrepreneurs, policymakers, and ministers from over 100 countries gathered in Doha, Qatar, on November 13-14 as ONE community to collaboratively work to achieve ONE goal: a healthier world.

World innovation summit for health **WISH** is a global healthcare community dedicated to capturing and disseminating the best evidence-based ideas and practices. WISH focus on working together to create a culture of collaboration and inclusion built on respect and support for all, importance and contribution of each individual in everything, and that the best solutions come from working together with colleagues, stakeholders and communities.

Mutual trust is a fundamental driver for success. Trust is essential to shape exceptional teams and communities. It is based on the respect and openness of each individual to other people, to diverse cultures and to their professional environment, ensuring transparency at all times.

WISH believes in the power of generosity, value of sharing and giving to help others, and prefer actions to speak louder than words. Believe in everyone has the potential to

inspire, influence, motivate, guide and engage people; to help colleagues to grow personally and professionally; and to help communities succeed and prosper.

ANNSI as innovative initiative combine African youth nursing leaders has attended this global summit and join in all WISH activities because we also a solution-focused and are hands-on, positive, and resourceful, we always seek creative yet pragmatic solutions and approaches to overcome challenges that we face in Africa and globally.

WISH 2018 reflects the vision of the **World Innovation Summit for Health**, which is to build a healthier world through global collaboration. At WISH 2018 delegates had the opportunity to openly share, collaborate and innovate in order to advance innovation in healthcare.

It was a chance to explore some of the world's most exciting innovations, to delve into new evidence-based ideas and practices, to forge new connections and to contribute to the development of fresh insights that would help shape health policy around the world for years to come.

This year's program included panel discussions on a wide range of topics pertaining to some of the world's most pressing healthcare issues, such as eye health, precision medicine and anti-microbial resistance. It was also opportunity to explore the WISH Innovation Hub and meet with global health experts and innovators.

ANNSI had invited to attend as representing African novice nurses and students to give us the chance to speak up and join with global health leaders in making the world healthier. ANNSI joined with a braindates session with title of “**youth nurses role in achieving SDGs and Africa agenda 2063**”. We also share all the summit activities online for ANNSI members to give the chance for those members who could not travel and attend.

ANNSI president meet ICN president

The International Council of Nurses (ICN) is a federation of more than 130 national nurses associations (NNAs), representing the more than 20 million nurses worldwide. Founded in 1899, ICN is the world's first and widest reaching international organization for health professionals. Operated by nurses and leading nurses internationally, ICN works to ensure quality nursing care for all, sound health policies globally, the advancement of nursing knowledge, and the presence worldwide of a respected nursing profession and a competent and satisfied nursing workforce.

Ahmed Gamal Sallam, ANNSI president met ICN president **Annette Kennedy** to discuss the role of youth nurses globally especially in Africa and also ICN role in empowering youth nurses. They discussed the next ICN Congress 2019 that will be held in **Singapore** from 27 June to 1 July 2019 Hosted by the Singapore Nurses Association, this international gathering of thousands of nurses will explore the many ways in which nurses work to achieve universal access to health, not only providing health care but also addressing the social determinants of health, such as education, gender equality, poverty, etc.

The Congress will provide opportunities for nurses to build relationships and to disseminate nursing and health-related knowledge. The Council of National Nursing Association Representatives, ICN's global governing body, will convene from 25-27 June 2019.

Congress participants who are members of ICN member associations will be able to observe global nursing leaders, identify the profession's priorities and future directions.



Ms. **Kennedy** has been an outstanding nursing and midwifery leader in Ireland for the past 20 years. As the INMO director of professional development she fulfilled her mission through innovation and collaborative work with agencies both nationally and internationally. she has wide experience of representing nurses, at international level, and she has, in the past, held the position of President of the **European Federation of Nurses**. She has an excellent track record in engaging with the European Commission, Council and **European Parliament** members in securing positive developments, for nurses and healthcare systems, right across the European Union. In fulfilling this role, over the past number of years, she has spearheaded a number of initiatives aimed at advancing nursing and midwifery practice, supporting professional development and driving innovation and change to improve quality and safety of patient care.



Ms. **Annette Kennedy**, **ICN** president emphasize the importance of partnership and global collaboration especially for youth nurses in Africa and all over the globe, and also invite all ANNSI members to attend the next ICN student network.

ANNESI in WHSS 2017



The World Healthcare Students Symposium (WHSS) is the world's biggest student conference, a biennial global multidisciplinary summit that brings together healthcare students and healthcare professionals under one roof to learn, discuss and draw inspiration from eminent speakers, policy makers and renowned global health leaders. Rwanda Pharmaceutical Students Association (RPSA), a member of IPSF AfRO is set to host the 7th WHSS this year from November 23-27, 2017 in Kigali Rwanda

Would you like to bring together healthcare students from all over the World and host a multidisciplinary global health event? This is your chance to host the biggest healthcare students' collaborative event, the World Healthcare Students' Symposium in 2019!

Vision of the World Healthcare Students' Symposium "A future in which healthcare professionals cooperate worldwide with their colleagues in other healthcare disciplines for the benefit of patients to improve healthcare."

Mission of the World Healthcare Students' Symposium "To organise a symposium which will educate and inspire future healthcare professionals, from dentistry, medicine, physiotherapy, pharmacy, veterinary, nursing and other healthcare professions. The event should raise their will to be activists and advocates for this mission. To promote collaboration on an international, regional, national and local level between students of different healthcare

professions, to encourage the adoption of a multidisciplinary approach at a student level.”

Objectives of the World Healthcare Students’ Symposium

- An educational global health symposium shall be organised for students from different healthcare professions and healthcare student organisations. Preferably the participants’ group should be balanced in the educational field and geographical spread. There shall be at least 3 to 4 days of Scientific programme and 1 day dedicated to social programme.

At the end of the symposium it is aimed that students will have gained:

- Knowledge about patient-centred care and the importance of multidisciplinary collaboration and commitment of international student organisations on these issues.
- Knowledge about multidisciplinary healthcare and how it can be implemented.
- Knowledge about healthcare students’ role in the education curriculum reform and health promotion. Call for Hosts: organize, change, connect
- Motivation to advocate for patient-centred healthcare and effective multidisciplinary teamwork, particularly in health promotion.

The World Healthcare Students Symposium (WHSS) is the world’s biggest student conference. It is a biennial global multidisciplinary summit that brings together healthcare students and healthcare professionals to learn, discuss and draw inspiration from eminent speakers, policy makers and renowned global health leaders through scientific, educational and cultural programs of this five-day long event. WHSS also provides a unique platform for delegates to debate, build long lasting networks and friendships and develop collaborative and innovative solutions to the world’s most pressing global health challenges. With around 3000 delegates expected to participate in the World Healthcare Students Symposium 2017, it will be the largest global gathering for healthcare students in history.

WHSS is jointly organized by partner organizations:

- European Confederation for Physical Therapy Students (ECPTS)
- European Dental Students’ Association (EDSA)
- European Medical Students’ Association (EMSA)

- European Pharmaceutical Students' Association (EPSA)
- International Federation of Medical Students' Associations (IFMSA)
- International Association of Dental Students (IADS)
- International Veterinary Students Association (IVSA)
- International Pharmaceutical Students' Federation (IPSF)



NGOs management training program for ANNSI member countries



ANNSI NGOs management task force

OCT 2018

ANNSI MEMBER COUNTRIES TRAINING PROGRAM

TO empower ANNSI members "NOVICE NURSES AND STUDENTS" in Malawi

WWW.ANNSI.ORG

SAWSAN, EGYPT

MAGGIE, MALAWI

ESTHER, NIGERIA

HASSAN, SUDAN

MOWAFAG, SUDAN

SHROUK, EGYPT

MONEKO, MALAWI

African Cooperation plays an important role in creating and strengthening dynamic ties relations between all African countries.

ANNSI is the 1st Initiative that represent all African Novice Nurses and Students to inspire them to play an active and effective African and global role. To achieve this aim the mwmbwers should be empowered to aquire updated knowledge, skills and attitudes about volunteering management principles, therefor ANNSI board of directors established **NGOs management training taskforce** to achieve this mission.

A task force is a small group, usually four to twelve people, that brings together a specific set of skills to accomplish a short-term task. It may be called a "project team" or a "working group." But by whatever name, a task force exists for a specific, time-limited purpose, usually lasting a few months to a year.

ANNSI NGOs management training taskforce mission was organizing training program about volunteering management for African novice nurses and students to provide them with non-governmental organization management competencies.

peer education is one of the main approaches that followed in implementing this taskforce mission, it is the teaching or sharing of information, skills, values and behaviour in educating others who may share similar social backgrounds or life experiences.

The program was commenced in July 2018 and end in October 2018. The program consist of 3 main activities namely **assessment stage** for the period of 3 weeks where by the taskforce members assessed countries youth nurses NGOs current status all over African countries, **designing training** stage for 6 months and **implementation** of pilot training **project** in **Malawi** for 3 weeks.

Assessment “stage one”, 54 countries in Africa were assessed to determine if they have local or national youth NGOs or both. From the assessment it was discovered that some African countries has both local and national youth NGOs while some has only local and others only national. Unfortunately some other African countries haven’t any NGOs for youth nurses.

Training designing “stage two”, this was the second stage after seeing the real status of youth nurses NGOs in Africa. The aim was to help all African novice and students nurses to establish and manage youth NGOs.

The taskforce members brainstormed the lectures which can help and support African youth nurses to establish and manage youth NGOs in their countries. From there each taskforce was asked to choose 5 titles and prepare training lectures and then to upload it to make peer review. Peer review of the lectures was done in a report template form by all taskforce members to assure loud thinking and shared governance principles.

Implementation “stage three”, Pilot training project, this was the last activity. It was conducted in **Malawi** to ANNSI Malawi executive members.

The training started with the **comprehensive overview** about ANNSI, ANNSI NGOs taskforce and the training program. The following lectures were covered namely; **Nursing specialties** “to identify nursing as wide scope career, and to plan their lives as committed practitioners and leaders”, **Critical thinking skills** “to Define & know the different critical thinking skills 7 its use”, **The power of volunteer** “to Identification of volunteering work goals, skills , principles and benefits”, **proposal writing** “to Understanding of the proposal writing as important tool to demonstrate their visions and views”, **Negotiating skills** “to Know the skills & how we can use it in our field”, **Evaluation and feedback** “to Give participant the basic tool's in how to get feedback

and evaluate your training” and lastly **Presentation Skills** “Know how to prepare for a presentation and how to structure it”.

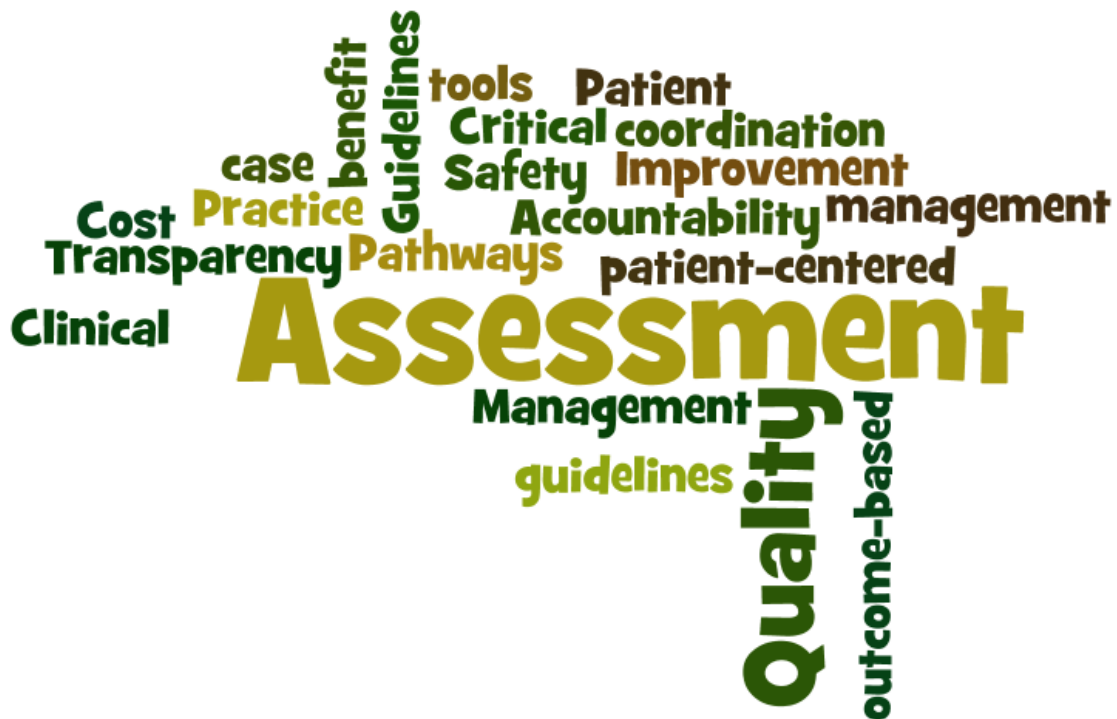
Program feedback was very positive and reflects big success of the mission; *the whole activity was well planned and coordinated, *The taskforce members we well oriented on what to do and given the required tools to use, *the activity was done using the most convenient online application, *the program content was very good and has equipped the taskforce members and participants of pilot project with necessary knowledge and skills to manage both local and national NGOs and establish one if there is none.



Moneko Zoto,

Taskforce general coordinator, ANNSI CR in Malawi

ANNSI healthcare Quality training program 2018



African novice nurses and students initiative professional development office organize healthcare quality training program as a step towards achieving ANNSI mission “empower African novice nurses and students”.

Health care quality is the degree to which health care services for individuals and populations increase the likelihood of desired health outcomes. Quality of care plays an important role in describing the relationships between quality, cost, and accessibility of health care. **Health care quality** means the provision of the necessary health care service to the appropriate person at the right time, and using the best means with the objective of getting the best results for each individual patient, and the community at large.

ANNSI Healthcare quality program 2018 was a short term scholarship, fully funded by ANNSI and free for all participants. All African novice nurses and students had the chance to apply for ANNSI healthcare quality program for free as a short term scholarship.

Why should African novice nurses and students care about healthcare quality?

Benefits to Health Care Organizations

- Elevate, expand, and standardize quality improvement and patient safety
- Train staff in the latest, most sophisticated quality tools and methods
- Infuse care teams with expertise from newly trained staff

- Strengthen staff support of sustainable improvements
- Help achieve stated quality and safety goals

Teaching methods, ANNSI healthcare quality program 2018 designed to enhance Adult learning “andragogy”, Web based learning and Student centered learning. Synchronous and asynchronous learning activities conduct to achieve the program goal.

Health care quality program contents covered many important and updated concepts and tools that help in empower youth nurses to gain knowledge, skills and attitudes that help them to be active part in improving health systems; Program overview , Quality awareness, Quality planning , Information management , Audit system, System qualification, Patient safety , Quality improvement , Accreditation , People management, Brain storming , Multi-voting , Story board, Task list , Gannet chart, Flow chart , Fish bone, FFA and PDCA.

Provide African youth nurses knowledge about Patient Safety & Risk Management (PSRM)

- Improve the safety of patients, families & staff through the development of patient safety strategies, programs and frameworks, e.g. patient safety reporting and learning system, engagement programs for patient, family and staff, etc.
- Develop PSRM policies and regulations e.g., incident reporting policy, risk management policy, and open disclosure policy.
- Adapt and implement regional and global Patient Safety initiatives e.g., Patient Safety Friendly Hospital Initiative (PSFHI), WHO Multi-professional Patient Safety Curriculum.
- Plan and implement promotional, educational, and research activities related to patient safety such as the annual Qatar Patient Safety Week (QPSW) and PSRM publications.



Update African youth nurses information regarding cost efficiency, or cost effectiveness, determines whether the benefits of a service exceed the cost incurred to provide the service. A health care service is sometimes not cost efficient due to either overutilization or underutilization. Overutilization, or overuse, occurs when the value of health care is diluted with wasted resources. Consequently, depriving someone else of the potential benefits from obtaining the service. Costs or risks of treatment outweigh the benefits in overused health care. In

contrast, underutilization, or underuse, occurs when the benefits of a treatment outweigh the risks or costs, but it is not used. There are potential adverse health outcomes with underutilization. One example is the lack of early cancer detection and treatment which leads to decreased cancer survival rates.



Highlight Risk Management principles that consists of "proactive efforts to prevent adverse events related to clinical care" and is focused on avoiding medical malpractice .Health care professionals are not immune to lawsuits; therefore, health care organizations have taken initiatives to establish protocols specifically to reduce malpractice litigation. Malpractice concerns can result in defensive medicine, or threat of malpractice litigation, which can compromise patient safety and care by inducing additional testing or treatments. One widely used form of defensive medicine is ordering costly imaging which can be wasteful. However, other defensive behaviors may actually reduce access to care and pose risks of physical harm. Many specialty physicians report doing more for patients, such as using unnecessary diagnostic tests, because of malpractice risks. In turn, it is especially crucial that risk management approaches employ principles of cost efficiency with standardized practice guidelines and critical pathways. Encourage African youth nurses to consider Patient perspective, Patient satisfaction surveys are the main qualitative measure of the patient perspective. Patients may not have the clinical judgement of physicians and often judge quality on the basis of practitioner's concern and demeanor, among other things. As a result, patient satisfaction surveys have become a somewhat controversial measure of quality care. Proponents argue that patient surveys can provide needed feedback to physicians to assist on improving their practice. In addition, patient satisfaction often correlates with patient involvement in decision making and can improve patient-centered care. Patients' evaluation of care can identify opportunities for improvement in care, reducing costs, monitoring performance of health plans, and provide a comparison across health care

institutions. Opponents of patient satisfaction surveys are often unconvinced that the data is reliable, that the expense does not justify the costs, and that what is measured is not a good indicator of quality.

ANNSI healthcare Quality 2018 training program has been planned and implemented by applying **team work, collaboration, coordination** and project based training principles. Healthcare quality program coordinator was Ms.**Nawal Omar**, from **Ethiopia**, ANNSI vice president. Healthcare quality program instructor was Mr.**Ibrahim Abdel Naby Ismail**; from **Egypt, BSN, HCQM, MSN, CPHQ, SSYB**. **Ismail** is Instructor of healthcare quality management. “BSN” graduate, from faculty of nursing Ain Shams University. Completed master’s Degree in science of nursing “MSN”.

Studied Professional diploma of healthcare quality management “HCQM” in Arab institute continues professional development. Qualified in international exam of “CPHQ” certified professional in healthcare quality from NAHQ. Completed six sigma yellow belt “SSYB”. **Ismail** is very interested in nursing advocacy and improvement through volunteering activities.

Trainees who accepted in this training program were from 5 African countries as “**Malawi, Sudan, Nigeria, Egypt, and Ethiopia**” who prepared –at the end or the program - final project that reflect their performance and competency level.

Program feedback reflect the positive impact of the Program and showed many positives points as “many points learned from the program like Overview of the healthcare quality, Theories and principles of healthcare quality, Difference between needs and wants, Quality planning and Information management” - “Lecturer to participants online interactions” - “Mode of lecture presentation **and** Course organization and curriculum”. **And also showed some Points need for development as “need to improve** Teaching aids, End of lecture evaluation guide **and** Networking problems” .



Nuruddeen Abubakar Adam

Quality Program coordinator, ANNSI scientific bulletin editor in chief

African youth nurses Discussion Platform “ANNSI DP”

ANNSI



ANNSI DP DISCUSSION PLATFORM

Discussion Platform is a tool that achieves ANNSI vision and mission through organizing discussion sessions among **ANNSI** members all over African novice nurses and students to exchange experience in different nursing issues.

#SpeakUp

www.ANNSI.org

ANNSI DP
DISCUSSION PLATFORM
SPEAK UP 

ANNSI DP “Discussion Platform” is one of ANNSI tools that achieve ANNSI vision and mission through organizing discussion sessions among members all over African novice nurses and students to exchange experience in different nursing issues.

Discussion Platform include topics that direct affect nursing profession as “nursing education systems, nursing empowerment locally and globally, nursing role in achieving SDGs 2030 and Africa Agenda 2063, nursing image improvement.....etc.”

ANNSI DP aim to achieve many goals;

1. Acquire new knowledge about nursing improvement in different countries

2. Formulate your own point of view and share it with other different countries colleagues in a professional way
3. Build new social and professional relationships with new colleges from other countries
4. Become active part of solution not only part of problems
5. Maintain “promote” your critical thinking skills

All ANNSI members as novice nurses and students have the chance to join Discussion Platform activities according to ANNSI DP regulations that organize the sessions. Discussion Platform sessions is organized and conducted online with synchronous approach to maximize the interaction and knowledge transferring among participants.

To join ANNSI Discussion Platform sessions and take certificate approve your participation, you should:

1. Fill ANNSI DP application form
2. Be active participate in discussion sessions and reflection activities
3. Complete session assignment

ANNSI DP

It really was an opportunity to get to know about the Nursing educational system and it's challenges in other African countries

#SpeakUp

Emediong Joshua
nursing student, Nigeria

www.ANNSI.org

ANNSI DP

I have gained the opportunity to interact with different African young nurses and students to discuss how we can improve the nursing educational system in Africa and my participation is of great importance as it helps in building my career and professional network.

#SpeakUp

Nuruddeen Adam
nursing student, Nigeria

www.ANNSI.org

ANNSI DP

ANNSI DP session has empowered me to take part in improving the education system in Africa and Malawi to be specific, it has created the opportunity for the nurses in Africa to share experience on how the nursing education system is in their respective countries with the aim of improving nursing education system in Africa.

#SpeakUp

Moneka Zola-Kapusa
novice nurse, Malawi

www.ANNSI.org

ANNSI DP

Now I have information about others African county nursing education systems.

#SpeakUp

Mawafag Hashim
novice nurse, Sudan

www.ANNSI.org

ANNSI Meetings



Along last year we organized many meetings for board of directors, ANNSI countries representatives and also all ANNSI members.

ANNSI believe that Meetings are opportunities for members to exchange ideas and discuss objectives, Although it consumed times but we realizes that all ANNSI leaders should be included in the decision-making process. A major decision will not work unless ANNSI leaders and members understand why it is being made. Through meetings, members can ask about issues concerning the change for better African nursing future and have them clarified.

ANNSI events and projects goals are always discussed and explained to ANNSI members how their tasks contribute to the overall ANNSI goal. When tasks and goals are clear, members are more motivated to work because they realize their importance in ANNSI.

African Novice Nurses and Student's Initiative Standing Committee On Public Health

Africa: is the world's second largest and second most-populous continent (behind Asia in both categories). At about 30.3 million km² (11.7 million square miles) including adjacent islands, it covers 6% of Earth's total surface area and 20% of its land area. With 1.2 billion people as of 2016, it accounts for about 16% of the world's human population. The continent is surrounded by the Mediterranean Sea to the north, the Isthmus of Suez and the Red Sea to the northeast, the Indian Ocean to the southeast and the Atlantic Ocean to the west. The continent includes Madagascar and various archipelagos. It contains 54 fully recognized sovereign states (countries), nine territories and two de facto independent states with limited or no recognition. The majority of the continent and its countries are in the Northern Hemisphere, with a substantial portion and number of countries in the Southern Hemisphere.

Good health is a complex state and achieving it requires much more than just one or two simple interventions, but an integrated range of preventive strategies; environmental changes; therapies and technology to diagnose and treat ill health; and provision of opportunities for those who need health care to access it.

The past two decades have seen substantial deterioration in health service indicators in Africa. Sanders et al. (2003) commented on the fact that 17 of 48 countries in the SSA region have experienced decline in life expectancy. This has been due, in large part, to the combined effect of a resurgence of certain communicable diseases and the emergence of new non-communicable disease epidemics.

In Africa, nurses form a crucial part of the health workforce, and they are possibly the most affected group in terms of the numbers required to correct the deficit. This has an impact on the spectrum of roles that they play, including those of service providers and collaborators (with other professionals), and advocates (supporting client needs), as well as the professional role required in organizing and regulating the practice and standards of the profession.

SCOPH 1st Stage Plan

Recognizing the importance of African Novice Nurses and Student's Initiative Standing Committee On Public Health in spreading and increasing health awareness among nursing students and all different categories of the society around the African Continent, a plan was designed for the year 2018/2019 to spread and increase the health awareness regarding the top 10 deadly diseases in the African Continent as recognized by the WHO, this plan is devised into 2 stages, and the 1st stage of the plan includes the following:

Committee	August	September	October	November	December
SCOPH	World Ebola Day	World Sexual Health Day	World Ebola Day	World Pneumonia Day	World AIDS Day

ANNSI SCOPH 1st stage plan included 5 on-line campaigns which are of the top 10 deadly diseases in Africa according to WHO, 4 campaigns were done using scientific data with illustration in poster forum with low response rate compared with the expected, 1 campaign wasn't done which is World AIDS Day.

ANNSI issued 4 Newsletters in 2018



ANNSI newsletter is a printed report issued 4 times per year - every season - , it is containing updated activities of ANNSI leaders and members, and also nursing news locally, regionally and globally. It is published and sent by mail regularly to all ANNSI members and others who are interested in.

ANNSI Newsletters generally contain four sections; ANNSI activities, ANNSI member's news to give the members the chance to speak globally, African general nursing and health news and Global health updates

The main goal of ANNSI newsletter is keeping a; ANNSI members and subscribers up to date regarding what happens locally and globally.

ANNSI issued E-newsletters which delivered electronically via ANNSI e-mail, if you want subscribe to receive updated issues you could visit ANNSI website www.ANNSI.org

Nursing Note change your life

Nursing around the world are facing the same struggle and share many common impact of the nature of their work .Different situations , different areas, different hospitals even in different country's couldn't make that big different still nurses share a lot of things .

Nursing is great and beautiful job comes with big responsibilities and challenges. Every day is different and unique new experience, new knowledge, nursing get big reputation as stressful job

ANNSI Professional development office publish Nursing Life Note as away to understanding the reality of nursing life between stressful career with big responsibilities and personal life and it impacts

ANNSI Nursing life Note is Series of articles highlight nursing life from different angles and the impact of practicing nursing in there personal life and how the nursing soft skills could be useful to manage their life as Empathy ,Communication Skills ,Being a team player,Dealing with pressure and stress ,Strong work ethic,Flexibility,Time management,Self-Confidence and dealing with criticism and more

Nurses gain those skills in some degree and in different level through their journey in studying and practicing nursing , not all nurses are able to master all the skills at once it build up with time and experience ,they are life changing skills .

sharing some tips and tricks or Techniques that may help to send our message in each article in simple and easy understandable way

ANNSI nursing life note also show how applying nursing process can be useful and good solution for nurses life between there work and personal life

In each series

1/ Cover: the cover represent ANANSI and the old topics that has being published in small icon with the topics and the months of publication

2/ introduction page : its 3 introduction page explain the idea of ANNSI Nursing Life Note and show a list of the topics and months of publication

3/ the issue : the topic of the issue each time

Enhancing African youth nursing EBP in ANNSI Scientific bulletin



Evidence based practice (**EBP**) is the conscientious use of current best evidence in making decisions about patient care, It is a problem solving approach to clinical practice and administrative issues that integrates:

1. A systematic search for and critical appraisal of the most relevant evidence to answer a burning clinical question
2. One's own clinical expertise
3. Patient preferences and values

The EBP process is a method that allows the practitioner to assess research, clinical guidelines, and other information resources based on high quality findings and apply the results to practice.

ANNSI mission is “empower African novice nurses and students”. One of ANNSI empowerment pillars is nursing scientific research empowerment, so we decided to publish a simple sessional **scientific bulletin** to give youth nurses the chance to speak up in a scientific way and also peer exchange of scientific experience among all African and global youth nurses.

Throughout the 21st century, the role of nurse has evolved significantly. Nurses work in a variety of settings, including the hospital, the classroom, the community health department, the business sector, home health care, and the laboratory. Although each role carries different responsibilities, the primary goal of a professional nurse remains the same: to be the client's advocate and provide optimal care on the basis of evidence obtained through research. Nursing research has a tremendous influence on current and future professional nursing practice, thus rendering it an essential component of the educational process

Nursing research is vital to the practice of professional nursing, and the importance of its inclusion during undergraduate instruction cannot be overemphasized. Only with exposure and experience can students begin to understand the concept and importance of nursing research.

ANNSI leaders believe that research nurses perform is a vital, yet sometimes overlooked, element of the healthcare community. Conducting research not only helps nurses continue their education and keep up with medical advances, it also helps them contribute to key medical findings and help patients receive optimal care.



To read all 2018 **ANNSI scientific bulletin** issues check this link www.anssi.org

ANNSI

African Novice Nurses and Students Initiative



ANNSI annual report 2018

African youth nurses dreams into actions

Thanks for



WHSS2017
7TH WORLD HEALTHCARE STUDENTS SYMPOSIUM
KIGALI, RWANDA-NOVEMBER 23-27, 2017



مؤتمر القمة العالمي للابتكار في الرعاية الصحية
World Innovation Summit for Health