

# ANNSI

**African Novice Nurses and Students Initiative**



# ANNSI annual report 2019

*African youth nurses dreams into actions*

# Content

- **Welcome message**
- **Acknowledgment**
- **Official launch of ANNSI**
- **ANNSI General Assembly**
- **African Young Nurses Voices in World Health Assembly 72**
- **ANNSI is a partner in Kenya Healthcare Students' Summit2017**
- **World Malaria Day**
- **African World Heritage Day**
- **WHA 72 orientation session**
- **Collaboration for AMR**
- **Africa Healthy Lifestyle**
- **Day 2019**
- **Inspirational Message from WHO headquarter**
- **ANNSI accepted Nightingale challenge**
- **Youth Nurses Role in achieving SDNM 2020**
- **Special thanks for**

# ANNSI

scope of service



**NURSING EDUCATION  
AND RESEARCH**



**TRAINING**



**EXCHANGE  
PROGRAM**



**PUBLIC HEALTH AND  
AWARENESS**



**MEDIA AND  
PROMOTIONS**



**GLOBAL NURSING  
AND ADVOCACY**



**NURSING POLICY  
AND DEVELOPMENT**

## Welcome message

Africa is the 'cradle of humankind', the place where more than 1.1 billion people living in 54 countries forming 16.64% of global population. Famous for the pyramids in the north, the jungles at the central and the beaches in the south – Africa is a land that is full of surprises. A land which nurtured one of the earliest civilizations of the world, Africa is the home of an incredible variety of people, animals, climates, and spectacular places.



Unfortunately, Africa faces the world's most [dramatic healthcare crisis](#): although the continent bears one quarter of the global disease burden. What's more, the continent faces [many complex challenges](#), from tackling life-threatening infectious diseases to confronting the rise of non-communicable diseases. However, there are a great number of opportunities in health in Africa, and science and technology is playing an important role in enhancing the sector.

We realize that we are facing hard challenges but we believe that African novice nurses and students together can do more for better African nursing and health future. ANNSI is one of real African experience that approve that when we work together as a team hand in hand, the dreams transferring into actions.

ANNSI focus on enhancing youth nurses role in achieving sustainable development goals SDGs 2030 and also Africa agenda 2063 - It is a strategic framework for the socio-economic transformation of the continent over 50 years – which focus on engaging African themselves to be champions in improving our continent with keeping Africanism. Africa agenda 2063 builds on, and seeks to accelerate the implementation of past and existing continental initiatives for growth and sustainable development.

We finished than Two years of hard and continue volunteering work, now we have a strategic direction toward next 5 years up to 2022. We are thinking globally and work regionally and locally to make African nursing and health better.

I invite all African novice nurses and students to join ANNSI and invite all health and nursing leaders all over the world to invest in youth nurses because they will be the future leaders soon.

**Ahmed Gamal Sallam, Egypt**

ANNSI president

## *Acknowledgment*

---

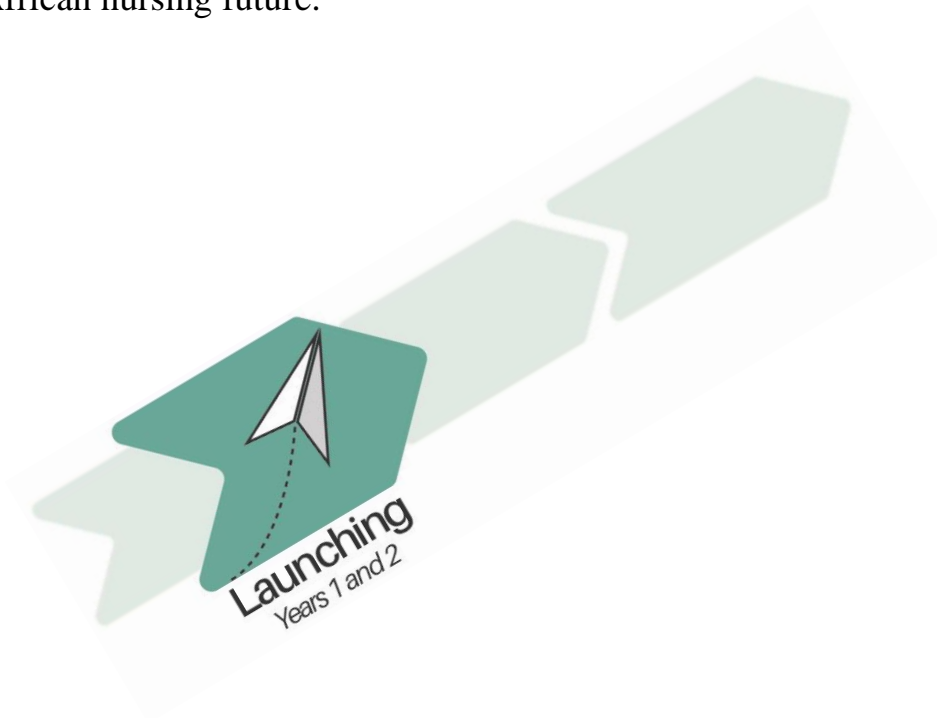
**Nawal Omar**, Ethiopia  
ANNSI vice president

## *ANNSI official launch*

There is no doubt that the better future of African health needs more efforts, and the nursing profession has a great impact on health care system, so we have to think and work hand in hand together as African novice nurses and students leaders to make our African dream come true.

standing on this believe a group of African nurses leader novice and students from different African countries union there effort to take the first step through FGM campaign it was the spark for African novice nurses and students initiative. ANNSI official launching in WHSS 2017, Kigali, Rwanda among many global health organizations in Nov 2017.

ANNSI empower the African youth nurses to work **TOGETHER** to do more for better African nursing future.





# **ANN SI General Assembly**



**GENERAL  
ASSEMBLY**

## **ANNSI General Assembly**

Since ANNSI launching in November 2017, it has been decided to organize an annual General meeting for all members to give them the chance to network together.

ANNSI General Assemblies are among the biggest youth Nurses led events in Africa. Held once a year, it is available to attended by all youth nurses in 54 African countries. This year it has been hosted by KENSUR, one of ANNSI Member Countries.



# **GENERAL ASSEMBLY**

Annual plan of ANNSI has been discussed and also, the strategic direction of 2018-2023. All young nurses who attended were very interested and joined actively in all discussion rounds. ANNSI General Assembly inspired the next generation of future Nurses to become leaders and advocates through the exchange of ideas, networking and learning from the various programming sessions.

ANNSI General Annual General Meeting included governance and decision-making sessions; training opportunities for self-skills development; inspiring activities and projects presentations.

Youth Nurses role in achieving SDGs and UHC were discussed in details and all attendees given opportunities to present their opinion.



# **African Young Nurses Voices in World Health Assembly, WHA 72**

**72ND WORLD HEALTH  
ASSEMBLY (WHA72)**

**GENEVA, SWITZERLAND**

**20-28 MAY 2019**



## **African Young Nurses Voices in World Health Assembly, WHA 72**

The World Health Assembly is the decision-making body of WHO. It is attended by delegations from all WHO Member States and focuses on a specific health agenda prepared by the Executive Board. The main functions of the World Health Assembly are to determine the policies of the Organization, appoint the Director-General, supervise financial policies, and review and approve the proposed programme budget. The Health Assembly is held annually in Geneva, Switzerland.

ICN always support young nurses to take the lead. Hence, Mr. Ahmed Gamal Sallam, ANNSI President, has been chosen to be one of ICN Delegate of WHA 72.

### **72ND WORLD HEALTH ASSEMBLY (WHA72)**

**GENEVA, SWITZERLAND  
20-28 MAY 2019**



The Seventy-second World Health Assembly opened in Geneva on Monday, 20 May 2019 at 09:30. The Health Assembly held in the Palais des Nations, located near the Place des Nations and Avenue de la Paix. The working hours of the Health Assembly were from 09:00 to 12:00 and from 14:30 to 17:30, except for the first plenary meeting, which commenced at 09:30. The Health Assembly closed on Tuesday, 28 May 2019, as decided by the Executive Board at its 144th session.

Many other technical briefings took place during the Seventy-second World Health Assembly as following:

- Global Action Plan for Healthy Lives and Well-being for All: a commitment to accelerating together
- Emerging technologies

- Universal health coverage
- Mental health: time to scale-up
- Investing in jobs
- Green, sustainable climate-resilient health care facilities
- Promoting local production of medicines and other health technologies: official launch of the interagency statement
- Towards healthier populations: a new vision

**Mr. Sallam, ANNSI President presented ICN statement on** Provisional agenda item 11.5 Universal health coverage: Primary health care towards universal health coverage. He focused on Nurses role to achieve UHC as following:

ICN and the nursing profession has for a long time firmly believed that strengthening primary health care (PHC) is the most effective approach to ensuring universal health coverage (UHC). As outlined in our 2019 International Nurses' Day resource, now more than ever the nursing workforce is equipped to ensure successful implementation of PHC approaches and are at the center of ensuring health for all. Nurses are the principal group of healthcare workers providing PHC across different settings as care providers, educators, coordinators and advocates. The scope within these roles continues to evolve as the health needs of individuals and communities change. ICN urges governments to remove barriers that impede nurses from working to their full scope of practice thereby optimising the contribution of the largest group of healthcare providers in the health workforce. The holistic people-centred models of care and ongoing community engagement in health policy decision-making that are central to PHC are consistent with nursing models of care. Nurses are vital to improving access within PHC, reducing health inequalities, applying a people-centred approach and managing the holistic needs of individuals, families and communities. Nurses should be supported through policy and legislation to prevent, detect and manage common conditions encountered in PHC settings. We strongly believe that effective and safe delivery of comprehensive PHC services is dependent on the strength, capacity and capability of the health workforce. We call on governments to invest in quality education, recruitment and retention strategies and assurance of decent work and

fair pay. ICN is committed to working with its stakeholders and WHO to transform the PHC vision into action.

For more details

[https://www.icn.ch/sites/default/files/inline-files/WHA72%20intervention%2011.5%20UHC%20\\_0.pdf](https://www.icn.ch/sites/default/files/inline-files/WHA72%20intervention%2011.5%20UHC%20_0.pdf)

ANNSI President also attended many side events to speak up globally and make African Youth nurses voices heard. The following side events are scheduled and took place during the Seventy-second World Health Assembly:

- Safe and affordable surgery. Organized by the delegations of Fiji, Maldives and Tonga.
- Access to medicines, vaccines and health products: a multi-dimensional approach for ensuring transparency of markets, affordable and quality products to achieve universal health coverage. Organized by the delegations of Colombia, Costa Rica, Cyprus, Greece, Indonesia, Italy, Mexico, Mongolia, the Netherlands, Portugal, Republic of Korea, Saudi Arabia, Slovenia, Spain, Turkey and Viet Nam.
- Primary health care towards universal health coverage and Sustainable Development Goals. Organized by the delegations of China, Denmark, Ethiopia, Islamic Republic of Iran, Japan, Kazakhstan, Mexico, the Russian Federation, Singapore, Spain and Zimbabwe.
- Experiences on addressing noncommunicable disease risk factors and determinants. Organized by the delegations of Belize, Finland, Islamic Republic of Iran, the Russian Federation, Saint Kitts and Nevis, Saint Vincent and the Grenadines, Sri Lanka and Uruguay.
- Universal health coverage to deliver the Global Strategy on Women's, Children's and Adolescents Health: re-thinking quality midwifery education. Organized by the delegations of Canada, Fiji, India, Malawi, Nepal, Sweden, the United Kingdom of Great Britain and Northern Ireland.
- A Decade of Healthy Ageing (2020–2030). Ideas and propositions to reach people and build healthy societies. Organized by the

delegations of Argentina, Chile, Costa Rica, Finland, Japan, Panama, Singapore and Slovenia.

- Promoting vaccine confidence: enhancing global immunization efforts to protect the Health of All generations. Organized by the delegations of Brazil, Canada, Colombia, Ireland, Romania, Spain, Ukraine, the United States of America and the European Union.
- Patient safety and quality of care in the face of emergencies and extreme adversity – a prerequisite to achieve universal health coverage. Organized by the delegations of Afghanistan, Angola, Argentina, Brazil, Colombia, Ghana, Iraq, Kuwait, Moldova, Oman, Qatar, Rwanda, Somalia, Sri Lanka, Sudan, Thailand, Turkey and the United Kingdom of Great Britain and Northern Ireland.
- Action and accountability on universal health coverage: building momentum towards the UN High-level meeting. Organized by Action contre la Faim, Global Health Council and the Save the Children Fund.
- Universal health coverage and migration: leaving no one behind. Organized by the delegations of Colombia, Ecuador, Luxembourg, Mexico, Panama, Peru, Portugal and Sudan.
- Nutrition4Health: nutrition innovations along with noncommunicable diseases prevention for achieving universal health coverage within the context of the 2030 Agenda and the UN Nutrition Decade. Organized by the delegations of Albania, Bangladesh, Bhutan, Cyprus, Egypt, Greece, India, Ireland, Italy, Japan, Lebanon, Malawi, Montenegro, the Philippines, Tunisia and Uganda.
- Partnerships for health systems strengthening – prepared for emergencies. Organized by the delegations of Afghanistan, Colombia, Islamic Republic of Iran, and Switzerland.
- Palliative care and universal health coverage: a component of primary health care. Organized by the delegation of Malaysia and International Association for Hospice and Palliative Care, International Association for the Study of Pain, International Council of Nurses, Médecins Sans Frontières (MSF) International, Union for International Cancer Control, World Federation of Societies of Anesthesiologists and Worldwide Hospice and Palliative Care Alliance.

# **ANNSI is a partner in The 2019 Kenya Healthcare Students' Summit**



## **ANNSI is a partner in The 2019 Kenya Healthcare Students' Summit**

Sixty (60) percent of the Kenyan population are young people aged 10-24. Yet these youthful populations face a myriad of issues such as mental distress, substance abuse, human rights violations, changes in socioeconomic status, limited access to Sexual and Reproductive Health and Rights (SRHR) services among others.

With the launch of "Afya Care", Kenya aims to attain Universal Health Coverage (UHC) by 2022. This will enable an increase the number of young people under health insurance cover and hence improve access to quality health services and protect our youth from associated financial burden that healthcare costs put them and their families through.



### **The Event**

The Kenya Healthcare Students' Summit (KEHSS) is a gathering of healthcare students from the various institutions of higher learning in Kenya as well friends and alumni of these institutions that aims to provide an avenue for young and future healthcare professionals to meet and discuss key areas of priority as well as gain capacity to be future policy leaders through the various discussions and side events that will be held during the event as highlighted in our program below.



THEME: Towards A Multidisciplinary Approach for the Achievement of Universal Health Coverage in Kenya

VENUE: United States International University-Africa, Nairobi, Kenya

DATE: 08-09 February 2019



## Goals

- Providing an avenue for students to interact with key policy and decision makers and to engage them on issues that the normal classroom environment may not touch on in the course of their training.
- Creating the first cohort of “UHC champions” from the healthcare students who will attend the summit
- Develop a KEHSS action plan on Universal Health Coverage 2018/2020 by the end of the event

## Proposed Sessions

Keynote Address and Plenaries: These sessions would focus on key policy areas that affect our healthcare system; namely Universal Health Coverage, The United Nations Sustainable Development Goals (SDGs) and the African Union (AU) Agenda 2063

## Parallel Sessions:

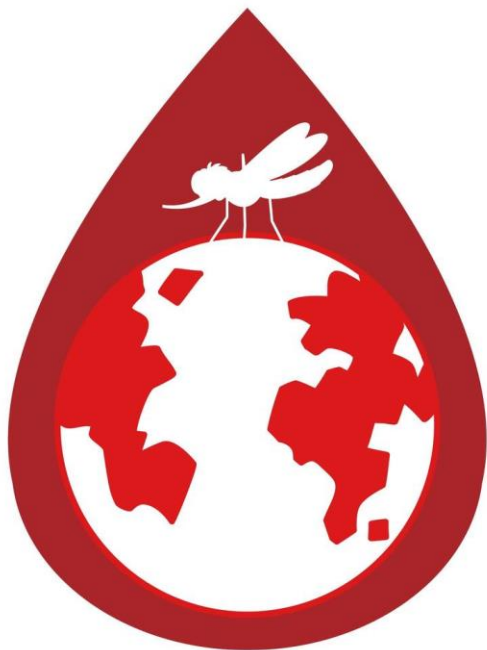
These are mini plenaries where delegates will get insight on specific topics that intersect in our healthcare system as well as get an avenue to engage various champions in those fields.

## Side Events:

These are more in depth sessions where delegates get to engage stakeholders as well as fellow peers on focus areas such as SRHR, Disaster Medicine, and Universal Health Coverage among others and in the end develop strategies on how to better advocate for healthcare within these fields



# World Malaria Day



WORLD  
*Malaria*  
DAY  
25 APRIL

## World Malaria Day “Zero malaria starts with me”

**World Malaria Day (WMD)** is an international observance commemorated every year on 25 April and recognizes global efforts to control malaria. Globally, 3.3 billion people in 106 countries are at risk of malaria. In 2012, malaria caused an estimated 627,000 deaths, mostly among African children. Asia, Latin America, and to a lesser extent the Middle East and parts of Europe are also affected.



World Malaria Day sprung out of the efforts taking place across the African continent to commemorate **Africa Malaria Day**. WMD is one of eight official global public health campaigns currently marked by the World Health Organization (WHO), along with World Health Day, World Blood Donor Day, World Immunization Week, World Tuberculosis Day, World No Tobacco Day, World Hepatitis Day and World AIDS Day.

According to the most recent World Malaria Report, the global tally of malaria reached 429,000 malaria deaths and 212 million new cases in 2015. The rate of new malaria cases fell by 21 per cent globally between 2010 and 2015, and malaria death rates fell by 29 per cent in the same period. In sub-Saharan Africa, case incidence and death rates fell by 21 per cent and 31 per cent, respectively.

**World Malaria Day** was established in May 2007 by the 60th session of the World Health Assembly, WHO's decision-making body. The day was established to provide "education and understanding of malaria" and spread information on "year-long intensified implementation of national malaria-control strategies, including community-based activities for malaria prevention and treatment in endemic areas."

Prior to the establishment of WMD, **Africa Malaria Day** was held on April 25. Africa Malaria Day began in 2001, one year after the historic *Abuja Declaration* was signed by 44 malaria-endemic countries at the African Summit on Malaria.

World Malaria Day allows for corporations (such as ExxonMobil), multinational organizations (such as Malaria No More) and grassroots organizations (such as Mosquitoes Suck Tour) globally to work together to bring awareness to malaria and advocate for policy changes.



Each World Malaria Day focuses on a specific theme. Current and past themes include the following:

- World Malaria Day 2019: "Zero malaria starts with me"<sup>[13]</sup>
- World Malaria Day 2018: "Ready to beat malaria"
- World Malaria Day 2017: "LET'S Close The Gap"
- World Malaria Day 2016: "End Malaria For Good"<sup>[14][15][16]</sup>
- World Malaria Day 2013-2014-2015: "Invest in the future: defeat malaria"<sup>[17]</sup>
- World Malaria Day 2012: "Sustain Gains, Save Lives: Invest in Malaria"<sup>[18]</sup>
- World Malaria Day 2011: "Achieving Progress and Impact"<sup>[19]</sup>
- World Malaria Day 2009-2010: "Counting malaria out"<sup>[20]</sup>
- World Malaria Day 2008: "Malaria: a disease without borders"<sup>[21]</sup>

After more than a decade of steady advances in fighting malaria, progress has levelled off. According to WHO's latest *World malaria report*, no significant gains were made in reducing malaria cases in the period 2015 to 2017. The estimated number of malaria deaths in 2017, at 435 000, remained virtually unchanged over the previous year.

Urgent action is needed to get the global response to malaria back on track – and ownership of the challenge lies in the hands of countries most affected by malaria. On World Malaria Day 2019, WHO joins the RBM Partnership to End Malaria, the African Union Commission and

other partner organizations in promoting “Zero malaria starts with me,” a grassroots campaign that aims to keep malaria high on the political agenda, mobilize additional resources, and empower communities to take ownership of malaria prevention and care.



## African World Heritage Day

Proclaimed by the 38th session of the General Conference of UNESCO (November 2015), African World Heritage Day (5 May) is an opportunity for people around the world, and particularly Africans, to celebrate the Continent's unique cultural and natural heritage.

While Africa is underrepresented on the World Heritage List (African properties account for some 12% of all inscribed sites worldwide), a disproportionately high percentage (39%) of these properties are on the World Heritage List in Danger. Faced with various contemporary threats, such as climate change, uncontrolled development, poaching, civil unrest and instability, many of Africa's wonders risk losing their outstanding universal value. It is therefore more urgent than ever that this irreplaceable heritage be protected and preserved for the enjoyment of future generations.

UNESCO is committed to spearhead international efforts to draw on the vast potential of Africa's cultural and natural heritage as a force for poverty reduction and social cohesion as well as a driver of sustainable development and innovation. Through this international day, UNESCO aims to increase global awareness of African heritage, with a special focus on youth, and to mobilise enhanced cooperation for its safeguarding on the local, regional and global level.





# **WHA 72 orientation session**



## WHA 72 orientation session

The World Health Assembly is the decision-making body of WHO. It is attended by delegations from all WHO Member States and focuses on a specific health agenda prepared by the Executive Board. The main functions of the World Health Assembly are to determine the policies of the Organization, appoint the Director-General, supervise financial policies, and review and approve the proposed programme budget. The Health Assembly is held annually in Geneva, Switzerland.





# Collaboration for AMR



Combating  
**antibiotic resistance,**  
a global threat

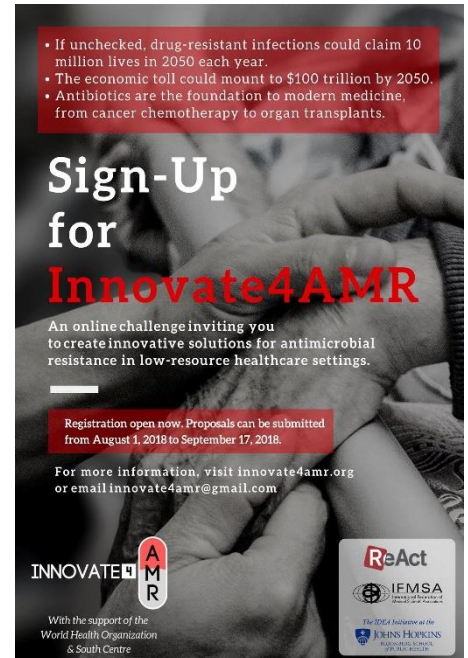
# Innovate4AMR- Innovate for a World Free from the Fear of Untreatable Infections

Innovate4AMR now invites student teams from around the world to design innovative solutions for antimicrobial stewardship in resource-limited, healthcare settings. Antimicrobial resistance, or AMR, occurs when bacteria develop the ability to stop the drugs used to treat them. Antibiotics are the cornerstone of many of the miracles of modern day medicine, from cancer chemotherapy to organ donation. The loss of effective antibiotics would mean reverting back to a time when simple infections might become untreatable. Each year, 700,000 people die due to drug-resistant infections and, if unchecked, this number may rise to 10 million deaths a year by 2050 — more than the number of people that die of cancer today.

Innovative to AMR/IFMSA announcement

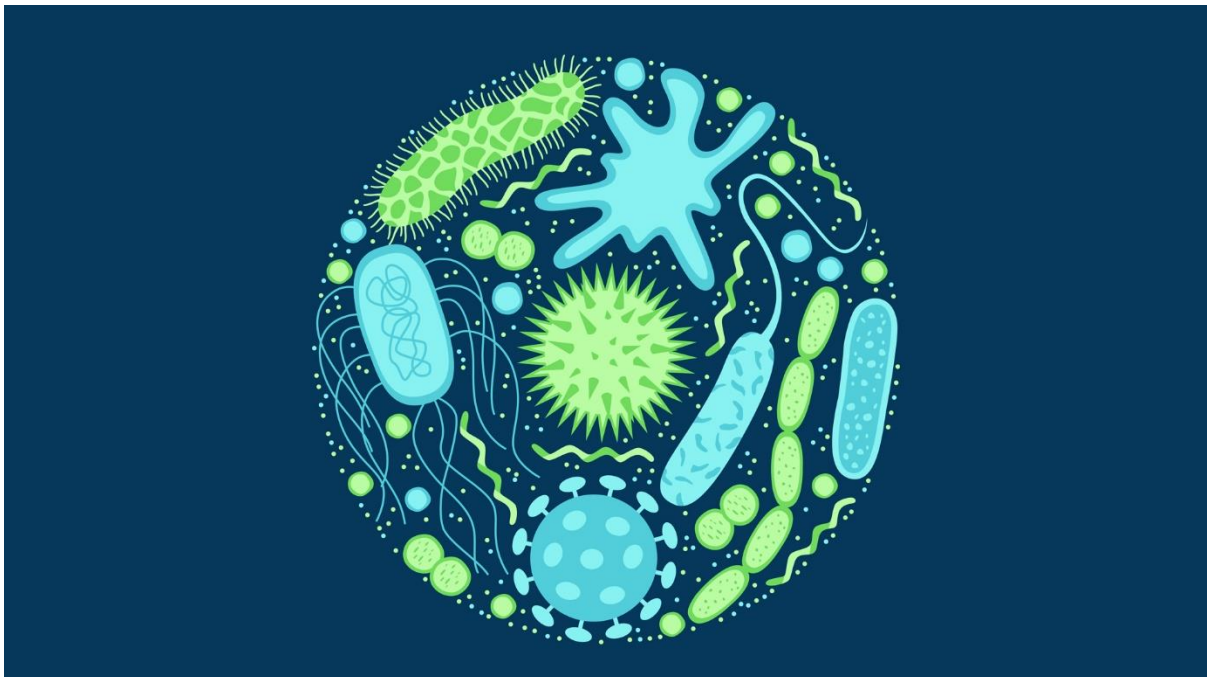
Antibiotics should, therefore, be considered a resource to be used with care. Innovate4AMR seeks to engage student teams to propose strategies to tackle the underuse, overuse and misuse of antibiotic prevalent in many settings. These problems persist too often today, from hospitals and clinics to outpatient pharmacies. In addressing AMR, student teams working across disciplines have much to contribute in proposing how to redesign the healthcare system. The competition's website provides educational resources, so no prior experience in working on AMR is needed to participate in the competition.

“We hope to engage and enlist the next generation of leaders in developing innovative, scalable approaches to address the challenge of conserving existing antibiotics. Those in the healthcare sector have a particularly crucial role to play in finding new solutions,” said Anthony So, MD, MPA, Director, ReAct Strategic Policy Program and IDEA (Innovation+Design Enabling Access) Initiative at the Johns Hopkins Bloomberg School of Public Health.



The poster features a background image of hands being washed. At the top, a red box contains the following text: "• If unchecked, drug-resistant infections could claim 10 million lives in 2050 each year. • The economic toll could amount to \$100 trillion by 2050. • Antibiotics are the foundation to modern medicine, from cancer chemotherapy to organ transplants." Below this, the text reads "Sign-Up for Innovate4AMR" in large, bold letters. Underneath, it says "An online challenge inviting you to create innovative solutions for antimicrobial resistance in low-resource healthcare settings." A red box indicates "Registration open now. Proposals can be submitted from August 1, 2018 to September 17, 2018." At the bottom, it provides contact information: "For more information, visit [innovate4amr.org](http://innovate4amr.org) or email [innovate4amr@gmail.com](mailto:innovate4amr@gmail.com)". Logos for INNOVATE4AMR, ReAct, IFMSA, and The IDEA Initiative at the Johns Hopkins Bloomberg School of Public Health are also present.

ReAct and the IDEA Initiative are teaming up with the International Federation of Medical Students' Associations (IFMSA)—representing 1.3 million students from 127 countries—to organize this global competition. Teams will have until September 17 to put forward impactful and sustainable solutions. Winning teams will present their final proposals to an expert panel at a capacity building workshop, with the support of the World Health Organization and the South Centre, in Geneva, Switzerland, during the World Antibiotic Awareness Week in November 2018. Resource experts will work with student teams to enable them to operationalize their projects.



As Jonne Juntura, Liaison Officer to Student Organizations, IFMSA, notes: “In recent years, our members have grown increasingly concerned about the consequences of antimicrobial resistance on their communities. With Innovate4AMR, we aim to engage students across the globe to join the fight for a world free of untreatable infections.” For more information, visit [Innovate4AMR.org](https://www.innovate4amr.org).

# Africa Healthy Lifestyle Day 2019

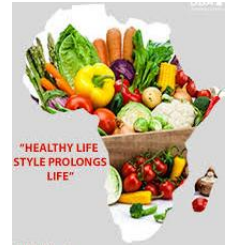




# African Union Commemorates the Africa Healthy Lifestyle Day 2019

## Healthy Lifestyle Prolongs Life

**Africa Day** (formerly **African Freedom Day** and **African Liberation Day**) is the annual commemoration of the foundation of the Organisation of African Unity (OAU) (now known as the African Union) on 25 May 1963. It is celebrated in various countries on the African continent, as well as around the world.



The First Congress of Independent African States was held in Accra, Ghana on 15 April 1958. It was convened by Prime Minister of Ghana Dr. Kwame Nkrumah, and comprised representatives from Egypt (then a constituent part of the United Arab Republic), Ethiopia, Liberia, Libya, Morocco, Sudan, Tunisia, the Union of the Peoples of Cameroon and of the host country Ghana. The Union of South Africa was not invited. The conference showcased progress of liberation movements on the African continent in addition to symbolising the determination of the people of Africa to free themselves from foreign

domination and exploitation. Although the Pan-African Congress had been working towards similar goals since its foundation in 1900, this was the first time such a meeting had taken place on African soil.

The Conference called for the founding of an *African Freedom Day*, a day to "...mark each year the onward progress of the liberation movement, and to symbolise the determination of the people of Africa to free themselves from foreign domination and exploitation."

The conference was notable in that it laid the basis for the subsequent meetings of African heads of state and government during the Casablanca Group and the Monrovia Group era, until the formation of the OAU in 1963.-

## AFRICA DAY 2019

"healthy lifestyle prolongs life"

Five years later, on 25 May 1963, representatives of thirty African nations met in Addis Ababa, Ethiopia, hosted by Emperor Haile Selassie. By then more than two-thirds of the continent had achieved independence, mostly from imperial European states. At this meeting, the Organisation of African Unity was founded, with the initial aim to encourage the decolonisation of Angola, Mozambique, South Africa and Southern Rhodesia. The organisation pledged to support the work conducted by freedom fighters, and remove military access to colonial nations. A charter was set out which sought to improve the living standards across member states. Selassie exclaimed, "May this convention of union last 1,000 years."

The charter was signed by all attendees on 26 May, with the exception of Morocco. At that meeting, Africa Freedom Day was renamed *Africa Liberation Day*. In 2002, the OAU was replaced by the African Union. However, the renamed celebration of *Africa Day* continued to be celebrated on 25 May in respect to the formation of the OAU.

Addis Ababa, March 07 2019: The African Union (AU) Medical Services Directorate commemorated the Africa Healthy Lifestyle Day today at the African Union Commission (AUC) Headquarters. The activities were highly attended by AU Staff as well as Ambassadors. The Day began by an active sensitization exercise and distribution of flyers at the AU the AU main gate.

Later on, presentations on healthy lifestyle were delivered followed by discussion and closing remarks for the commemoration of the Africa Healthy Lifestyle Day.

The theme for 2019 Africa Healthy Lifestyle Day commemoration is “Healthy Lifestyle Prolongs Life”. This theme has been selected to emphasize the significant relationship between unhealthy lifestyle and premature mortality. The theme is in line with Aspiration 1 of the Agenda 2063 which is “A prosperous Africa, based on inclusive growth and sustainable development”.

The Deputy Chairperson of the AUC H.E. Amb. Thomas Kwesi Quartey was the guest of honor during the 2019 Africa Healthy Lifestyle Day commemoration.

Amb. Thomas Kwesi Quartey welcomed the participants on behalf of H.E. Moussa Faki Mahamat, the Chairperson of the AU Commission and stated that the decision to commemorate this day was taken in July 2008 by the Special Session of the African Union Ministers of Health and adopted by the Executive Council. The Decision was in line with the World Health Organization (WHO's) framework strategy for prevention and control of Noncommunicable diseases (NCDs) across Africa and the world.

In addition, Ambassador Quartey reiterated that the African Union is committed to lay a strong foundation for achieving Agenda 2063 an ambitious target of an African population that is healthy, well nourished, and enjoying a life expectancy of above 75 years. “The prolonged life expectancy that comes with healthy lifestyle will no doubt consolidate the African-driven response that aims to reduce the burden of diseases through scaled-up health interventions, inter-sectoral action and empowered communities as stipulated in the Africa Health Strategy 2016-2010” emphasized Ambassador Quartey.

The Deputy Chairperson of the AUC concluded by calling on everyone to join hands together to narrow the life-expectancy gap between Africa and the industrialized countries by adopting a healthier lifestyle.

Welcoming the participants, Dr. Yankuba Kassama, Director, Medical Services underscored that adopting a healthy lifestyle is a low-cost solution that could substantially reduce premature mortality and prolong life expectancy in Africa. The ability to successfully combine work, family commitments and personal life is important for the well-being of all of us.

Dr. Yankuba Kassama stated that adopting a healthy lifestyle involves regular physical activity or exercise, healthy eating habits, reducing stress, avoiding tobacco use and alcohol abuse. On the other hand, adopting unhealthy lifestyles results in metabolic changes that increase the risk of Non-Communicable Diseases (NCDs). Furthermore, the Director encouraged the audience to maintain good nutrition, have regular physical exercise, stop tobacco use and substance abuse, control alcohol use, manage stress, and ensure regular health check-ups. He added that there is a need to have policies in place to adopt a healthy lifestyle in the AU Commission.



# **Inspirational Message from WHO headquarter**



## **ANNSI President Message from WHO headquarter about Nurses year 2020**

Nurses and midwives play a vital role in providing health services. These are the people who devote their lives to caring for mothers and children; giving lifesaving immunizations and health advice; looking after older people and generally meeting everyday essential health needs. They are often, the first and only point of care in their communities. The world needs 9 million more nurses and midwives if it is to achieve universal health coverage by 2030.

**That's why the World Health Assembly has designated 2020 the International Year of the Nurse and the Midwife.**

ANNSI President sent a global message to all young nurses all over the world from WHO headquarter to inspire novice nurses and students to keep move forward together to speak up and take the lead.

WHO and partners including, the International Confederation of Midwives (ICM), International Council of Nurses (ICN), Nursing Now and the United Nations Population Fund (UNFPA) in a year-long effort celebrate the work of nurses and midwives, highlight the challenging conditions they often face, and advocate for increased investments in the nursing and midwifery workforce.

# **ANNSI accepted Nightingale challenge**

**Nursing**now

**NIGHTINGALE  
CHALLENGE**

## **ANNSI accepted Nightingale challenge**

**African Youth Nurses** can do more for better African Nursing future and make Africa healthier. ANNSI participated in Nursing Now to join in improving health globally. ANNSI Nursing Now-Champions facilitated the accepting of Nightangle Challenge to help develop the next generation of nurses.

*Nursing Now aims to improve health globally by raising the profile and status of nurses worldwide – influencing policymakers and supporting nurses themselves to lead, learn and build a global movement.*

*The changing needs of the 21st Century mean nurses have an even greater role to play in the future. New and innovative types of services are needed – more community and home-based, more holistic and people-centered, with increased focus on prevention and making better use of technology. These are all areas where nurses can play a leading role. However, maximizing nurses' contributions will require that they are properly deployed, valued and included in policy and decision-making.*

### **Nightingale Challenge**

The purpose of the Nightingale Challenge is to help develop the next generation of young nurses and midwives as leaders, practitioners and advocates in health.



### **ANNSI Leadership skills training session**

<b>Item</b>	<b>Description</b>
<b>Target audience</b>	<b>African Youth Nurses</b>
<b>Training methods</b>	<ul style="list-style-type: none"><li>• <b>Discussion</b></li><li>• <b>problem based learning</b></li></ul>
<b>Evaluation</b>	<ul style="list-style-type: none"><li>• <b>Formative</b></li><li>• <b>summative</b></li></ul>

## **training course outline:**

- **Difference between Leadership and Management**

Distinguishing between the two

Getting the balance right with a future focus

- **Communicating your vision**

What is the vision and mission for your organization?

How do you articulate the vision to your organization?

Communication Styles

Adapting your communication to enhance your employee engagement

- **Decision Making**

Generic organization outcomes

Focal areas for your organization to meet the overall goals

Communicating and motivating your organization

- **Case Study**

Case studies will focus on efforts to improve nursing profession by African Youth nurses, invest in training and development, support nurse leaders and innovate in practice

# **Youth Nurses Role in achieving SDNM 2020**



## **ANNSI organized a Webinar about Youth Nurses Role in achieving Global strategic directions for strengthening nursing and midwifery 2016–2020 Webinar**

**1<sup>st</sup> November 2019**

Youth is the present not only the future, African Novice Nurses and Students Initiative believe that this is the right time to empower the Youth Nurses with updated Knowledge, Skills and attitude to take the lead now, not only for the future. Hence, on 1<sup>st</sup> November 2019 we organized a Webinar about Youth Nurses Role in achieving Global strategic directions for strengthening nursing and midwifery 2016–2020.

The Global strategic directions for strengthening nursing and midwifery 2016–2020 provide a framework for WHO and various key stakeholders to develop, implement and evaluate nursing and midwifery accomplishments to ensure available, accessible, acceptable, quality and safe nursing and midwifery interventions at global, regional and country levels. The global strategic directions enable all involved to demonstrate commitment, be accountable and report progress on essential elements. Optimizing leadership, strengthening accountability and governance, and mobilizing political will for the nursing and midwifery workforce is key for their effective contribution to the Sustainable Development Goals and universal health coverage. The global strategic directions embrace strategic partnerships with key stakeholders at all levels as essential for their implementation.

The Global strategic directions for strengthening nursing and midwifery 2016–2020 present a vision, guiding principles, and four broad themes to guide growth of capabilities and maximize the contributions of the nursing and midwifery workforce to improve global health. The vision and the principles presented in this document reassert the Global Strategy on Human Resources for Health: Workforce 2030. Furthermore, the four themes reinforce the WHO Global Strategy on Human Resources for Health: Workforce 2030. Themes 1 and 2 are aligned to objectives 1 and 2 of the Global Strategy, while theme 3 is aligned to objective 3 of the Global Strategy, and theme 4 is aligned to objective 1. Figure 1 shows the conceptual framework for the WHO Global strategic directions for strengthening nursing and midwifery 2016–2020.

ANNSI - African Novice Nurses and Students Initiative - officially has been launched in November 2017 in Kigali, Rwanda during WHSS

2017 "world healthcare students symposium". ANNSI now has 20 African countries members in ANNSI. ANNSI achieved many activities aim to empower novice nurses and students and prepare them to be qualified to join achieving sustainable development goals **SDGs 2030, Universal Health Coverage UHC** and **Africa Agenda 2036**.  
**Webinar Speakers “alphabetically”**



**Catherine Hannaway** D Prof. RN RM(ret.)RHV  
Director of **Catherine Hannaway Associates**



**Elizabeth Madigan**, PhD, RN, FAAN  
**Sigma Nursing Chief Executive Officer**



**Franklin A. Shaffer**, EdD, RN, FAAN, FFNMRCISI  
CGFNS President and CEO



**Michelle Gunn**  
Director of Nursing, Queensland Australia  
Lawyer Qld Supreme Court



**Ahmed Gamal Sallam**, Nurse Educator  
ANNSI president



**He started with clarification of some Global Health Issues as following:**

**A. sustainable development goals (SDGs)**

SDGs are a collection of 17 global goals set by the United Nations General Assembly in 2015 for the year 2030. The SDGs are part of Resolution 70/1 of the United Nations General Assembly, the 2030 Agenda.<sup>[2][3]</sup>

There are 169 targets for the 17 goals. Each target has between 1 and 3 indicators used to measure progress toward reaching the targets. In total, there are 232 approved indicators that will measure compliance.<sup>[17][18]</sup> The United Nations Development Programme has been asked to provide easy to understand lists of targets, facts and figures for each of the 17 SDGs.<sup>[19]</sup> The 17 goals listed below as sub-headings use the 2-to-4 word phrases that identify each goal. Directly below each goal, in quotation marks, is the exact wording of the goal in one sentence. The paragraphs that follow present some information about a few targets and indicators related to each goal.

**B. Universal health coverage (UHC)**

UHC means that all people and communities can use the promotive, preventive, curative, rehabilitative and palliative health services they need, of sufficient quality to be effective, while also ensuring that the use of these services does not expose the user to financial hardship.

**C. Global strategy on human resources for health: Workforce 2030**

The Global Strategy on Human Resources for Health: Workforce 2030 aim To improve health, social and economic development outcomes by ensuring universal availability, accessibility, acceptability, coverage and quality of the health workforce through adequate investments to strengthen health systems, and the implementation of effective policies at national, a regional and global levels

**Global strategic directions for strengthening nursing and midwifery 2016–2020**

**SDNM 2016/2020 Vision is to** Accessible, available, acceptable, quality and cost-effective nursing and midwifery care for all, based on

population needs, in support of universal health coverage and the Sustainable Development Goals.

### **Guiding principles for implementation**

The guiding principles of the WHO Global strategic directions for strengthening nursing and midwifery 2016–2020 are in alignment with the previous versions and with the principles of the Global Strategy on Human Resources for Health: Workforce 2030. They are essential to guide individual and collaborative application of the five-year WHO strategic directions for nursing and midwifery in different contexts. They are as follows:

- **Ethical action**. Planning, providing and advocating safe, accountable high-quality health care services based on equity, integrity, fairness, and respectful practice, in the context of gender and human rights.
- **Relevance**. Developing nursing and midwifery education programs, research, services and systems guided by health needs, evidence and strategic priorities.
- **Ownership**. Adopting a flexible approach that ensures effective leadership, management and capacity-building with active ownership, accountability mechanisms, engagement and involvement of all beneficiaries in all aspects of the collaboration.
- **Partnership**. Working respectfully together on common objectives, acting collaboratively with relevant stakeholders and supporting each other's efforts.
- **Quality**. Adopting mechanisms and standards based on evidence for best practice that promote relevant education and research, competent practice, effective professional regulation and dynamic leadership.

### **SDNM 2016/2020 Theme #1**

Ensuring an educated, competent and motivated nursing and midwifery workforce within effective and responsive health systems at all levels and in different settings

- **Objective** is To invest, design or adopt and implement evidence based strategic planning for the nursing and midwifery workforce

involving all key stakeholders and taking into account local health needs.

- **Strategy** to achieve is to Produce, recruit, deploy and retain the right skill mix of nurses and midwives with appropriate competencies, and with adequate distribution of necessary resources and effective regulation systems, in the right place with expert coordination within and outside the health sector.

## **SDNM 2016/2020 Theme #2**

Optimizing policy development, effective leadership, management and governance

- **Objective** is To engage nursing and midwifery leadership at every level of health policy, program development, decision-making and evidence generation in response to the labor markets.
- **Strategy** is to Develop and utilize mechanisms to translate and share best practices, cost effective interventions, including technology and innovative models of nursing and midwifery care. Utilize resources appropriately to ensure return on investment, especially in education and practice in response to the health and social care priorities and labor market dynamics.

## **SDNM 2016/2020 Theme #3**

Working together to maximize the capacities and potentials of nurses and midwives through intra- and interprofessional collaborative partnerships, education and continuing professional development

- **Objective** is to To optimize nursing and midwifery impact on health systems at all levels through intra and inter-professional collaboration and partnerships.
- **Strategy** is to Delineate, monitor and evaluate roles, functions and responsibilities of the nursing and midwifery workforce in support of collaborative education and practice for nursing and midwifery.

## **SDNM 2016/2020 Theme #4**

Mobilizing political will to invest in building effective evidencebased nursing and midwifery workforce development

- **Objective** is To establish enabling structures that allow effective engagement and contribution to health policy planning and service delivery for UHC and SDGs.
- **Strategy** is to Build political support at the highest level of the health systems to ensure continuity in the pursuit of UHC and the SDGS and formulate, implement and evaluate nursing and midwifery policies that encapsulate the vision for UHC and SDGs to ensure integrated people-centered services.

At the end of Ahmed presentation, he showed crucial findgs of a recent study under the titled of **\*Are the Global Strategic Directions for Strengthening Nursing and Midwifery 2016–2020 being implemented in countries?** Findings from a cross-sectional analysis.

## Michelle Gunn, Director of Nursing Queensland Australia-Lawyer of Queensland Supreme Court

Title: Australia to Africa: Politics, nursing and leadership

She highlighted some Health Issues locally, nationally and Globally as following:

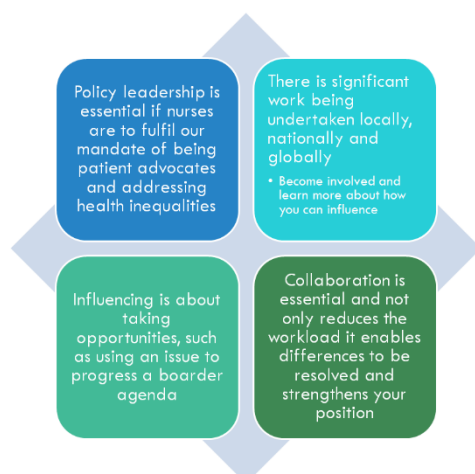
1. Escalation of healthcare expenditure worldwide
2. Healthcare expenditure in Australia
3. **Health inequalities**
4. **Increased awareness of mental health issues**
5. **Increased threats from communicable and non communicable diseases**
6. **Global Warming**
7. **Workforce sustainability**

**Michelle Gunn illustrate Why nurses must lead, she clarified how Nurses and midwives are essential to healthcare delivery. nurses also bring innovative and adaptive models of care. Hence, Nurses must be involved in policy and decision making at all levels**

She emphasize that Health is too complicated to expect a single or several senior people to lead,so All nurses regardless of their age, level of experience or role have a responsibility to lead because It is core to the role of a nurse as a patient advocate.

at the end of the presentation she send a positive and inspiral message to all Youth Nurses in Africa and all over the globe as following: “Students and new nurses bring valuable perspectives and new eyes to historical problems. Youth Nurses are the life

blood and future of our profession”



**TAKE HOME MESSAGES**

**Elizabeth Madigan, PhD, RN, FAAN,  
Sigma Chief Executive Officer**

Elizabeth sent a valuable and Inspirational message to ANNSI members as following:

Congratulations members of ANNSI! You have taken the first step in having an impact by collaborating with one another to contribute to the development of nursing in Africa and worldwide. Each of us can have an impact as individuals but it is through collective action that we will achieve more. The world needs young nurses as you are our future. To be the most effective advocates you can be for addressing the SDGs and primary health care, you may want to consider joining professional organizations like your national nurses' association or my organization, Sigma Theta Tau International Nursing Honor Society, also known as Sigma. Sigma provides leadership development, a focus on scholarship (research and evidence-based practice) and career development support across a nurse's career, from early career through retirement. We are different than your national nurses' association in that your national nurses' association represents you for workforce issues and/or policy development. Sigma is focused on your development as a nurse leader. Sigma works with our colleagues at the International Council of Nurses (ICN), the International Confederation of Midwives (ICM), Nursing Now, and the World Health Organization. 2020 is going to be an exciting year as the Year of the Nurse and Midwife. I am looking forward to ANNSI's activities and thank you for the opportunity to provide welcoming remarks.

She mentioned how Sigma help in improving the nursing profession globally and locally through providing valuable benefits to the members as following:

- Access to a network of more than 135,000 nurse leaders from more than 100 countries through a social networking site.
- Access to two highly ranked journals, Journal of Nursing Scholarship (ranked #3 among all nursing journals worldwide) and Worldviews on Evidence Based Nursing (ranked #7 among all nursing journals worldwide).
- A mentoring program where you can request mentoring for any questions regarding your career.
- Access to research grants ranging from US\$5000 to US\$20,000.
- Nursing Leadership Academies: one set that is practice-based and another set for faculty development.

- Online continuing education with more than 130 contact hours free to members.
- Multiple in-person events each year including an annual research congress.

**Elizabeth Madigan** offered a chance to Youth Nurses in Africa and all over the globe to join Sigma as a nurse leader through registering by this link: <https://www.sigmanursing.org/why-sigma/sigma-membership/apply-now/nurse-leadermembership-criteria>

**Franklin A. Shaffer, EdD, RN, FAAN, FFMRCIS, CGFNS** President and CEO

He sent inspirational message to Youth Nurses to encourage them to speak up and take the lead.

He explained that the Global strategic directions for strengthening nursing and midwifery 2016–2020 provide a framework for WHO and various key stakeholders to develop, implement and evaluate nursing and midwifery accomplishments to ensure available, accessible, acceptable, quality and safe nursing and midwifery interventions at global, regional and country levels. The global strategic directions enable all involved to demonstrate commitment, be accountable and report progress on essential elements. Optimizing leadership, strengthening accountability and governance, and mobilizing political will for the nursing and midwifery workforce is key for their effective contribution to the Sustainable Development Goals and universal health coverage. The global strategic directions embrace strategic partnerships with key stakeholders at all levels as essential for their implementation.



**Dr. Catherine Hannaway D Prof. RN RM(ret.)RHV  
Director of Catherine Hannaway Associates, (Honor guest)**

She mentioned that Nursing Now aims to improve health globally by raising the profile and status of nurses worldwide – influencing policymakers and supporting nurses themselves to lead, learn and build a global movement.

The changing needs of the 21st Century mean nurses have an even greater role to play in the future. New and innovative types of services are needed – more community and home-based, more holistic and people-centred, with increased focus on prevention and making better use of technology. These are all areas where nurses can play a leading role. However, maximizing nurses' contributions will require that they are properly deployed, valued and included in policy and decision-making.

She emphasized that Investing in young nurses and midwives is essential for improving health and health care globally. The Nightingale Challenge offers an opportunity to be part of a global movement to equip and empower the next generation of nurses and midwives as leaders, practitioners, and advocates in health.

**Catherine** discuss with the attendees the purpose of the Nightingale Challenge to develop the next generation of young nurses and midwives as leaders, practitioners and advocates in health, and to demonstrate that nursing and midwifery are exciting and rewarding careers.

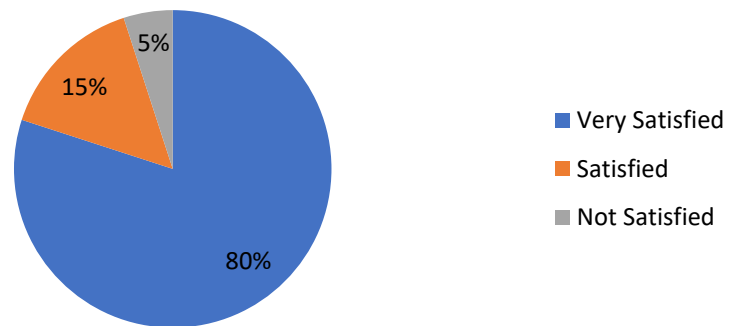
## Webinar Participants' feedback

Based on a post Webinar survey\* prepared for the Novice Nurses and students from different countries who attended the webinar, the following results has been founded:

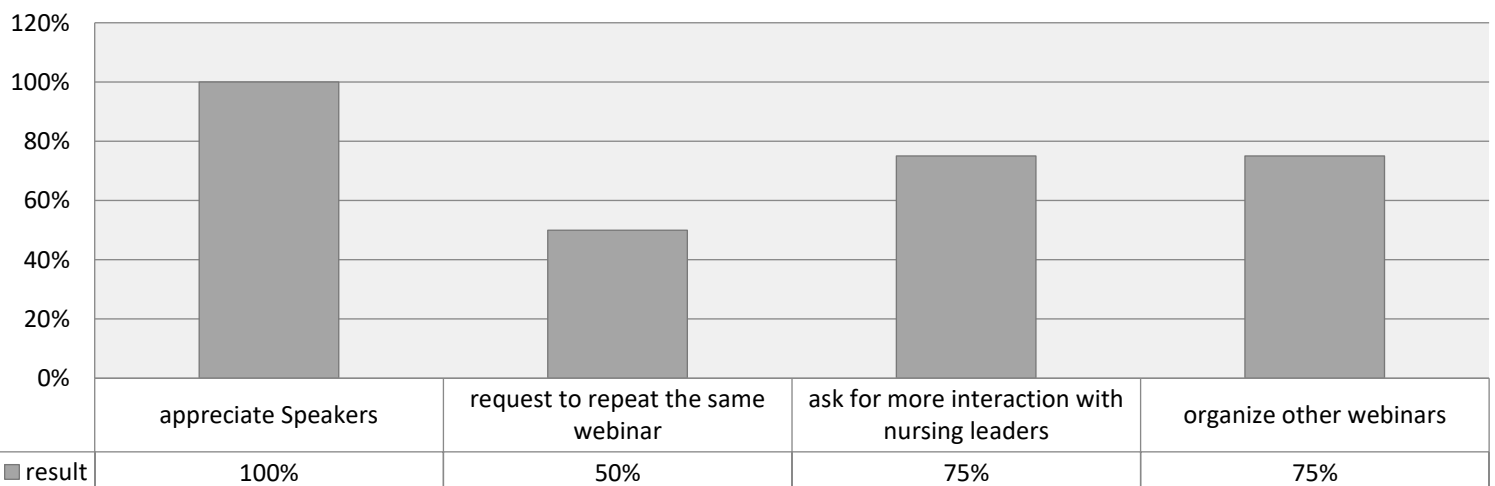
80%	very satisfied about the Webinar
70%	Thought that the webinar met its goals
100%	Highly appreciated the speakers input, especially their encouragement for the youth and clarifying how could youth engaged to lead now.
50%	recommend to repeat the same topic before 2020 coming
75%	Request more interaction between current global nursing leaders and Youth Nurses
75%	Strongly agree to organize other webinars to give more chances for the youth nurses to identify more about global nursing issues.

\*ANNSI post Webinar Survey about " Youth Nurses Role in achieving Global strategic directions for strengthening nursing and midwifery 2016–2020" link:  
<https://docs.google.com/forms/d/e/1FAIpQLSd2de4rMhiV437wBy6l41JdGhEB4waxOee3SxRLNZ906qTWA/viewform>

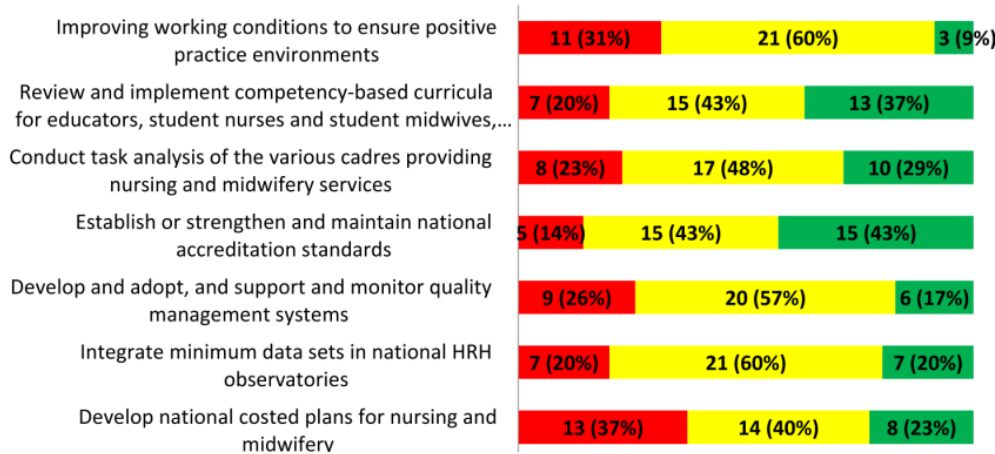
### level of satisfaction for the SDNM2016/2020 Webinar



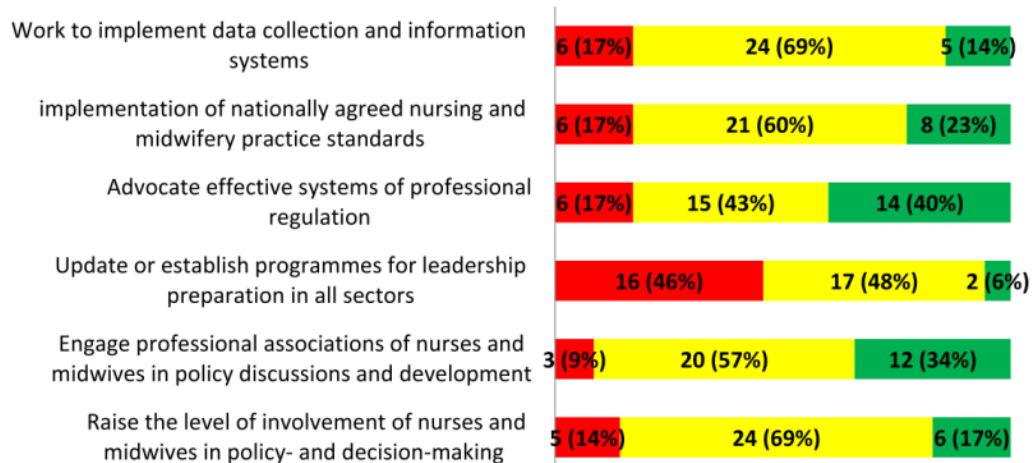
### result



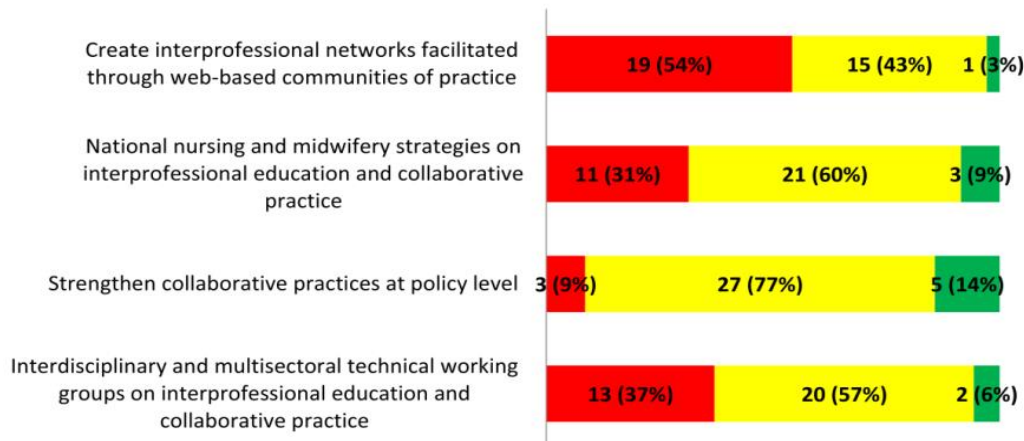
■ Not Started ■ In Progress ■ Completed



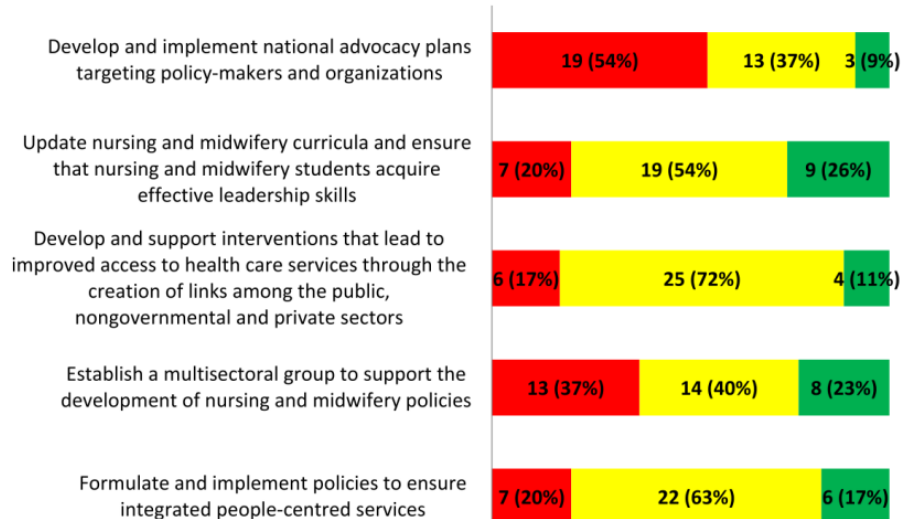
■ Not Started ■ In Progress ■ Completed



■ Not Started ■ In Progress ■ Completed



■ Not Started ■ In Progress ■ Completed





## Special thanks for

**Catherine  
Hannaway**  
associates

**CGFNS**  
INTERNATIONAL®



**AFRICA HEALTHCARE  
STUDENTS' SUMMIT**



مؤتمر القمة العالمي للابتكار في الرعاية الصحية  
World Innovation Summit for Health



**Sigma**  
GLOBAL NURSING  
EXCELLENCE



**The World Continuing  
Education Alliance**



**Nursing now**

**NIGHTINGALE  
CHALLENGE**

**Kenya Healthcare  
Students Summit**



ANNSI-African Novice Nurses & Students Initiative

*from Africa to the World*