

## African Youth Nurses

### Contents

#### **Read inside this issue:**

ANNSI-Nursing Now Champions

UHC 2030 and Nurses Role

ANNSI Updates

ICN news

#### **ANNSI members news**

##### Kenya

Kenya Students and Novice Nurses conference - KESNNUR

##### Egypt

ENSSA-Egypt accept Nightingale Challenge

ACLS online Course

##### Sudan

SNSF international conference



## African Youth Nurses Voice

Youth is the present not only the future, African Novice Nurses and Students Initiative believe that this is the right time to empower Youth Nurses with updated Knowledge, Skills and attitude to take the lead now, not only for the future.



**Nursing is a profession within the health care sector focused on the care of individuals, families, and communities so they may attain, maintain, or recover optimal health and quality of life. Nurses may be differentiated from other health care providers by their approach to patient care, training, and scope of practice. Nurses practice in many specialties with differing levels of prescription authority. We as African youth nurses have a big role to achieve nursing`s goals and maintain ourselves developed to cope with international nursing development and global campaigns to make nursing more effective in developing any community more than its effectively.**



**Ahmed Sabry**

**ANNSI Newsletter Editor In Chief**



**ANNSI The Voice of African Youth Nurses and Students**  
**Support**  
**Nursing Now Global Campaign**

ANNSI The Voice of African Youth Nurses and Students Support Nursing Now Global Campaign, ANNSI has launched Nursing Now global Campaign Regional as previously ANNSI Champions for Nursing now had admitted to do their best to approve that all African youth nurses can take the lead for better Nursing and health future regionally and also globally. Through many meetings between the champions, a plan had been created to achieve the goals of Nursing Now Global Campaign through all countries of Africa. The plan contains the five programs of Nursing Now and how to preform events that achieving the goals of campaign. The main goal of ANNSI Champions for Nursing now is achieving all goals of Nursing Now global Campaign by May 2020 -our year– Year of Nurses.





**Kenya Student and Novice Nurses Conference,  
(KESNNUR).**

**Proposal.**

**3<sup>RD</sup> AND 4<sup>TH</sup> OCTOBER 2019.**

**VENUE:**

**UNIVERSITY OF NAIROBI, NAIROBI KENYA.**

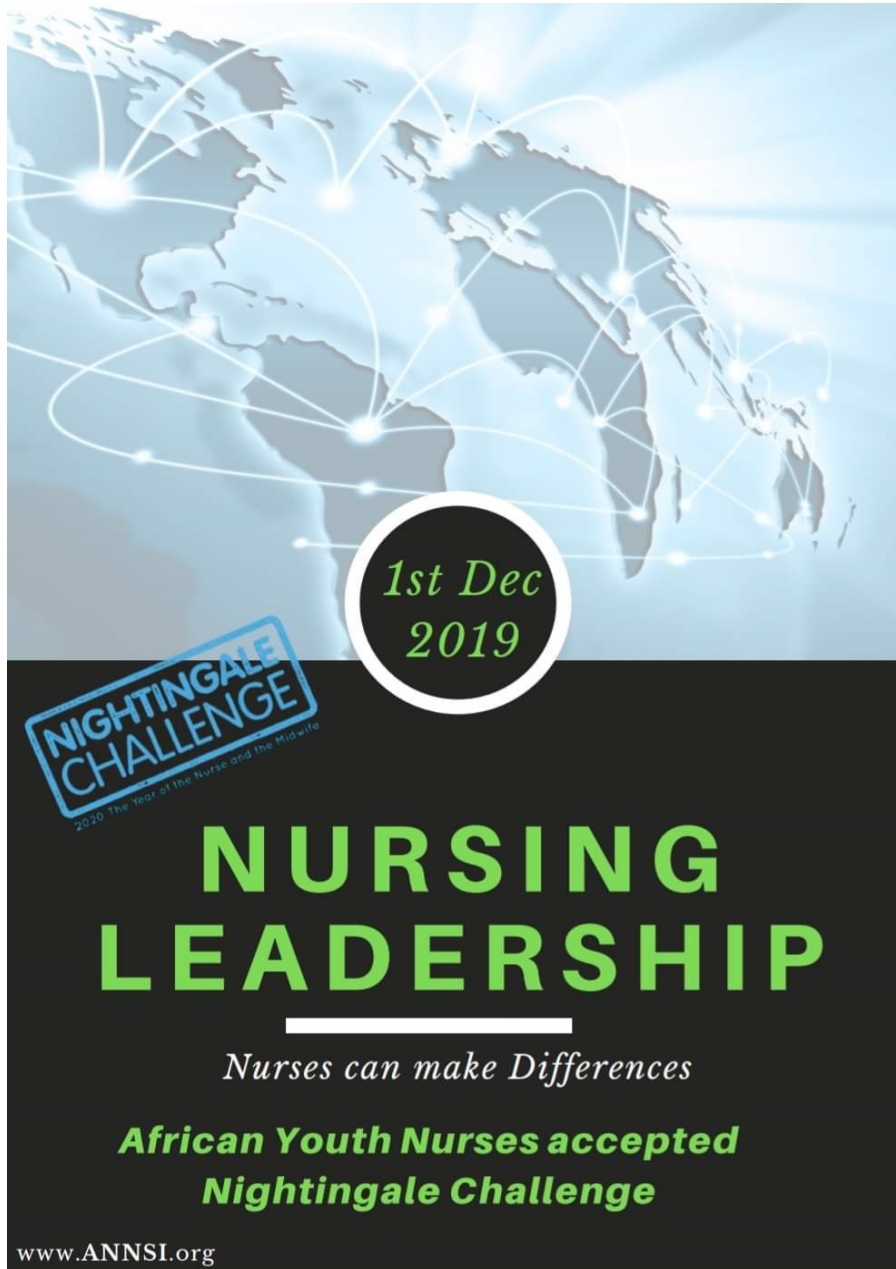
UNITY FOR THE SAKE OF THE PROFESSION

## **KENYA STUDENT AND NOVICE NURSES(KESNNUR),CONFERENCE**

### **African nurses work together**

The KESNNUR conference was decided to hold on 3rd-4th October,2019 in University of Nairobi,Nairobi,Kenya. It was an event that brings together nursing students,nursing practitioners and other strategic players in the nursing profession with the theme; "The Role of Student and Novice Nurses in Nursing now and Universal Health Coverage Delivery.

KESNNUR shares same vision with ANNSI with the goal of educating,developing and improving novice nurses,students and the professional image.



*1st Dec  
2019*

**NIGHTINGALE  
CHALLENGE**  
2020 The Year of the Nurse and the Midwife

**NURSING  
LEADERSHIP**

---

*Nurses can make Differences*

**African Youth Nurses accepted  
Nightingale Challenge**

www.ANNSI.org

### Nightingale Challenge

You have a chance to attend an interactive online training Session about Global Nursing Leadership that following ANNSI acceptance of Nightingale Challenge. If interested to join, contact us on [afro.nns@gmail.com](mailto:afro.nns@gmail.com)





## Call for abstracts Deadline 5<sup>th</sup> December.

Accepted applicants will be notified on the 10<sup>th</sup> of December!

### Sudanese Nursing Students international conference

Sudanese Nursing Students international conferences is a special scientific student based event, aim to empower the Nursing and Midwifery students educational and research abilities as well as their social participation and role in health policies making.

This year the SNSIC planned to take place on 16<sup>th</sup> – 21<sup>st</sup> of January 2020, which is very hot beginning to the international year of Nursing and Midwifery in Sudan!

The conference theme is selected to be (Transformation : Youth Nursing leaders prospective \_Sudan)

A variety of sub themes has been selected as well such as, Nursing Students and Global Nursing strategies, leadership in Nursing, SDGs and UHC, education and training, clinical nursing education and so many other!

Excited!!! Can't wait to take part in such activity!!

What are you waiting submit your abstract Now!!

Take in your consideration the following terms :

1. The applicant must be a student Nurse.
2. The topic must presented by Nursing Student.
3. Sub themes matching is prerequisites.
4. First time published abstracts has the priority.
5. A 300 word DOC file should be the unique format of the submission.
6. English language shall be used in the submission and presentation.

This call well close on the 15<sup>th</sup> of December 2019 on 23:59 KLT.

For more information :

[afro.nns@gmail.com](mailto:afro.nns@gmail.com)

[Contacts@snsf.org](mailto:Contacts@snsf.org)

[Conference@snsf.org](mailto:Conference@snsf.org)



### GAMBIA STUDENT NURSES NATIONAL HEALTH SUMMIT

For the first time in history, Gambia Student Nurses Association conducted the first National Health Summit with the Theme: **TO ENSURE HEALTHY LIVES AND PROMOTE WELL BEING FOR ALL AT ALL AGES THROUGH HEALTH EDUCATION AND PROMOTION**. This Health summit was held from 11 to 13 October 2019.

The Guest Speaker of the summit is the honourable Minister of Health Dr. Ahmed Lamin Samateh. The National Health Summit is aimed to bring health professionals, law makers and students nurses across the country to discuss issues affecting the Health system in The Gambia and how to mitigate them.

Mr. Badjie, who is the program manager of Non Communicable Diseases (NCDs) was among the speakers of the National Health Summit. He spoke a topic **“THE NEED TO SHIFT FROM MEDICINAL FOCUS TO HEALTH PROMOTION AND EDUCATION IN COMBATING NON COMMUNICABLE DISEASES IN THE GAMBIA ESPECIALLY HYPERTENSION AND DIABETES”**.

However, there is a great need to raise awareness in Non Communicable Disease. Hypertension and Diabetes are highly alarming in The Gambia, and these are many deaths as a result of these conditions, there are many amputations as a result of Diabetes and there are many paralysis as a result of Hypertension. Therefore, to cut down the burden of these conditions, we need to raise awareness on these conditions.

Among the speakers is Papa Njie. Who spoke on a topic **“IMPACT OF HEALTH ON NATIONAL DEVELOPMENT”**. Good health system is quite significant to any nation’s development. However, it’s every one’s responsibility to support our health facilities for better health care services. Although it’s the government’s responsibility to save guard the Health of her citizens but it’s also an equal responsibility to support our health facilities for effective and efficient health care deliveries.

The Psychiatric specialist Mr. Pa Bakary Sonko was among the speakers of the National Health Summit. Who spoke on the topic **“ETHICS”**. To maintain standards in any profession, the professionals in that professions should be very much conscious about the ethics of their profession.

However, it’s not only the professionals should know the ethics of their profession but the authorities concern (for example, in The Gambia, the Nurses and Midwives Council) should always make sure that the Ethical reference materials are always available to the people rather than waiting until the professionals became a victim and start addressing their wrong doing. In short the Council should not serve as a threat to the nursing profession but rather serve as a guide to the nursing profession



**ENNSA Egypt Launched Nightingale Challenge**

ENNSA Egypt ( Egyptian Novice Nurses and Student Scientific Association Egypt ) has launched Nightingale Challenge 7<sup>th</sup> August 2019 through organizing a “Leadership Skills Program” for youth nurses \_ younger than 35 years\_ as the first training program for staff nurse of Suez Canal educational university hospital in which ENNSA SCU ( Local branch of ENNSA Egypt) in which prof. Dr waffa Dawod dean of faculty of nursing Suez Canal university and TOT certified trainer trained more than 35 of nurses under 35 years and novice nurses in leadership skills as the training included group discussions, peer discussion and lectures about what is leadership, how to be leader and the characteristics of successful leader.







## ICN highlights crucial role of nurses at United Nations High-level Meeting on Universal Health Coverage

The International Council of Nurses (ICN) represented the voices of the world's 20-plus million nurses at the UN's first ever High-level Meeting on Universal Health Coverage in New York, held on 23 September 2019.

During the meeting Heads of State and Government adopted a political declaration, 'Universal Health Coverage: moving together to build a healthier world', in which they reaffirmed their commitment to Health for All and to scaling up the global effort to achieve it.

ICN welcomes the commitment made by UN member states to immediately address the global shortfall of 18 million health workers, half of whom are nurses and midwives, through educating, building and retaining a skilled health workforce, 'including nurses and midwives who are an important element of strong and resilient health systems...'.

**ICN Chief Executive Officer Howard Catton said:**

'It is right and proper that the WHO is calling for healthcare systems to be "strengthened" and have "increased capacity," and as its latest report, Primary Health Care on the Road to Universal Health Coverage 2019, clearly states, what is required are "Bold and innovative approaches to training and retaining health workers and, above all, a major increase in the investment in budgets for health workforce salaries".'

'Let's be clear here: if you want Nursing Now, we've got to have investment NOW.'

'We need more funding to provide better pay and working conditions for nurses. As ICN has said in its many reports and publications, nurses are ready, willing and able to make a difference right around world. But unless there are sufficient numbers of them who are properly educated, supported and rewarded, countries will not achieve readily achievable improvements in their populations' health, and that will be unforgiveable.'

The declaration recognises that primary health care (PHC) is the most inclusive, effective and efficient approach to safeguarding people's physical and mental health and social wellbeing. PHC is the cornerstone of a sustainable health system for UHC and the Sustainable Development Goals.

**ICN was represented at the meeting by its Senior Advisor Erica Burton, who said:**

'Nurses are the principal healthcare providers in primary health care systems, and they are leading the development of innovative primary health care initiatives worldwide. Health systems are shifting towards primary health care as their foundation for achieving universal health coverage, and nursing has a powerful and unique opportunity to position the needs of patients, families and communities at the core of health systems.'



## **New ICN report highlights nursing delegation impact at 2019 World Health Assembly**

### **New report on nursing delegation at the 2019 World Health Assembly underlines nursing delegates' support for ICN strategic goals**

The International Council of Nurses (ICN) has published its report on this year's World Health Assembly (WHA) in Geneva, Switzerland.

Every year, a delegation of nurses from ICN attends in Geneva the annual meeting of the WHA, which is the governing body of the World Health Organization.

This year, our 80-strong delegation intervened on a wide range of vital issues, raising the importance of nursing's contribution to healthcare and bringing detailed nursing advice to the highest level of policymaking in the world.

ICN Chief Executive Officer Howard Catton said:

'We are delighted with the contribution our nurse delegates made and the impact they had on the proceedings and wish to thank them for the quality of their interventions. They enriched the debates and discussions with the unique experience that only nurses can bring and ensured that ICN's strategic priorities continued to influence the policy-making representatives of member states



**Free Online  
Advanced  
Cardiac Life  
Support (ACLS)  
Course**

Lessons	Systems of Care
<input type="radio"/> Systems Of Care	<input type="radio"/> Systems Of Care
<input type="radio"/> Cardiopulmonary Resuscitation	<input type="radio"/> Cardiopulmonary Resuscitation
<input type="radio"/> Post Cardiac Arrest Care	<input type="radio"/> Post Cardiac Arrest Care
<input type="radio"/> Acute Coronary Syndrome	<input type="radio"/> Acute Coronary Syndrome
<input type="radio"/> Acute Stroke	<input type="radio"/> Acute Stroke
<input type="radio"/> The Resuscitation Team	<input type="radio"/> The Resuscitation Team
<input type="radio"/> Education, Implementation, Teams	<input type="radio"/> Education, Implementation, Teams

ACLS Cases	ACLS Cases
<input type="radio"/> Lessons	<input type="radio"/> Lessons
<input type="radio"/> ACLS Cases Respiratory Arrest	<input type="radio"/> ACLS Cases Respiratory Arrest
<input type="radio"/> ACLS Cases Ventricular Fibrillation and Pulseless Ventricular Tachycardia	<input type="radio"/> ACLS Cases Ventricular Fibrillation and Pulseless Ventricular Tachycardia
<input type="radio"/> ACLS Cases Pulseless Electrical Activity Asystole	<input type="radio"/> ACLS Cases Pulseless Electrical Activity Asystole
<input type="radio"/> Adult Cardiac Arrest Algorithm	<input type="radio"/> Adult Cardiac Arrest Algorithm
<input type="radio"/> Post Cardiac Arrest Care	<input type="radio"/> Post Cardiac Arrest Care
<input type="radio"/> Adult Immediate Post Cardiac Arrest Care Algorithm	<input type="radio"/> Adult Immediate Post Cardiac Arrest Care Algorithm
<input type="radio"/> Symptomatic Bradycardia	<input type="radio"/> Symptomatic Bradycardia
<input type="radio"/> Adult With Bradycardia Pulse Algorithm	<input type="radio"/> Adult With Bradycardia Pulse Algorithm
<input type="radio"/> Stable And Unstable Tachycardia	<input type="radio"/> Stable And Unstable Tachycardia
<input type="radio"/> Adult Tachycardia With Pulse Algorithm	<input type="radio"/> Adult Tachycardia With Pulse Algorithm
<input type="radio"/> Acute Coronary Syndrome	<input type="radio"/> Acute Coronary Syndrome
<input type="radio"/> Acute Coronary Syndrome Algorithm	<input type="radio"/> Acute Coronary Syndrome Algorithm
<input type="radio"/> Acute Stroke	<input type="radio"/> Acute Stroke
<input type="radio"/> Acute Stroke Algorithm	<input type="radio"/> Acute Stroke Algorithm

**ACLS COURSE**

ANNSI support nursing development as it is very important for all African Youth Nurses, so we support the ENNSA project for life saving which launched in November 2018 after Co-operation between ENNSA Egypt and National Health care provider Solutions (NHCPs) which give ENNSA Egypt the right to share and provide **ACLS & PALS** courses which is presented by (NHCPs) for free. The project was launched national for Egypt, Egyptian nurses can apply for courses easily by sending the following information

Name, Email and phone number to [nepfls2018@gmail.com](mailto:nepfls2018@gmail.com)





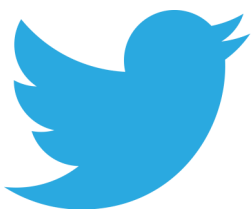
[annsi.org](http://annsi.org)



[afro.nns@gmail.com](mailto:afro.nns@gmail.com)



[/ANNSIpage/](https://www.facebook.com/ANNSIpage/)



[@ANNSI\\_Africa](https://twitter.com/ANNSI_Africa)



[/channel/UC1R7K](https://www.youtube.com/channel/UC1R7K)